Wake Up Where You Are

级数: Beginner

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音乐: Wake up Where You Are - State of Sound : (iTunes)

墙数: 2

S1: CROSS ROCK, TRIPLE RIGHT, CROSS ROCK, TRIPLE LEFT 1/4 PIVOT L

- 1-2 Cross RF over LF, Recover LF
- 3&4 Step RF right, Step LF together, Step RF right
- 5-6 Cross LF over RF, Recover RF
- 7&8 Step LF left, Step RF together, Step LF 1/4 Pivot left

S2: RF ROCKING CHAIR X 2

- 1-2 Rock RF forward, Recover Left
- 3-4 Rock RF back, Recover Left
- 5-6 Rock RF forward, Recover Left
- 7-8 Rock RF back, Recover Left

S3: WALK FORWARD R,L,R, KICK L, WALK BACK L,R,L, TOUCH

- 1-2 Walk forward, RF, LF
- 3-4 Walk forward RF, KIck LF forward
- 5-6 Step back, L, R
- 7-8 Step back L, Touch RF beside L

S4: TWO CHARLESTON STEPS

- 1-2 Step RF forward, Kick LF forward
- 3-4 Step LF back, Touch RF back
- 5-6 Step RF forward, Kick LF forward
- 7-8 Step LF back, Touch RF back

S5: VINE RIGHT, TOUCH, VINE LEFT 1/4 PIVOT LEFT, TOUCH

- 1-2 Step RF to right side, Step LF behind R
- 3-4 Step RF to right side, Touch LF beside R
- 5-6 Step LF to left side, Step RF behind L
- 7-8 Step LF to left side 1/4 plvot left, Touch RF beside L

REPEAT

NOTES: Add a clap with the kick in S:3





拍数: 40