Finesse



编舞者: Rebecca Lee (MY) - February 2018

音乐: Finesse (Remix) (feat. Cardi B) - Bruno Mars



Sequence: AA(16counts)AAB AAB AAB A

Alternative Song- Finesse By Bruno Mars Sequence AAB AAB AAB AA Start dance after 8 counts

PART A: 32 counts

A1: WALK, WALK, TAP FULL TURN TOUCH, STEP-TOUCH, ROGER RABBIT, LOW KICK

1-2 Walk forward R, Walk forward L

3&4 Tap R Forward, Full turn L, Touch R to R side

&5 Step R next to L, Touch L to L (12.00)

6&7& Rock L back and hitching R, Rock R forward, Rock L back and hitching R, Rock R forward

(10.30)

8 Stomp on L with ronde Low kick R (12.00)

A2: CAMEL WALK 1/4TURN L, KICK BALL TOUCH, DRAG, MODIFIED BOX STEP, HOPX2

1-2 Step R behind L with L knee bent, ¼ turn L Step forward on L bending R knee (face 9.00)

3&4& Kick R forward, Step R in place, Rock L to L, Recover on R (9.00)
5-6-7 Cross L over R, Step R to R side, ¼ turn L Step L to L (6.00)

&8 Step R next to L as you make a small hop to Left, Hop both feet to L making 1/8 turn L (4.30)

A3: KICK X2, HEEL GRIND, BACK, FORWARD, BROOKLYN JUMP, REVERSE BODY ROLL

1& Kick R forward hoping a little on L, Step R in place (4.30)
2& Kick L forward hopping a little on R, Step L in place (4.30)
3& Cross R heel over L, Swivel on R heel and Step L to L (6.00)

4& Cross R behind L, ¼ turn L Step L forward (3.00)

5 Jump forward on R with knee bent (3.00)

6 Jump back on R kicking L forward

7-8 Jump feet apart with knee bent as slowly pushing the hip to do a reverse bodyroll

A4: TOUCH X2, 1/4 TURN SAILOR STEP, TOGETHER, STEP-KICK, HOOK, CROSS TURN, JUMP

1& Touch R diagonally L, Touch R to R side

2&3 Step R behind L, ¼ turn L Step L to L, Big Step R to R side (12.00)

4 Step L next to R

5 Hop L in place as Kick R to R side

6& Hook R in front of L knee (like sitting without a chair), Step R over L

7 Hold

&8 Unwind ½ turn L as jump both feet apart, Jump both feet together (6.00)

PART B: 32 counts

B1: HIP BUMP, BALL-CROSS TOUCH, 1 1/4 TURN R

Step R to R turning body to the left and hip bump R back, forward, back
Step L in place turning body to the right hip bump L back, forward, back
Step R next to L, Cross L over R, Touch R to R side (as prep to turn)

7,8 1 1/4turn R unwind ,Step R next to L

B2: DOROTHY X2, KICK FORWARD-BACK, ½ TURN HITCH, JUMP

1,2& Step R to R diagonal, Step L behind R, Step R to R diagonal

3,4& 5 6 7 &8	Step L to L diagonal, Step R behind L, Step L to L diagonal Kick R forward Kick R back Make ½ turn R on L hitching R knee Jump both feet apart, Jump both feet together
B3: Running Man Steps, Swivel R, Touch, ¼ turn R	
1	Jump feet apart at diagonal (R foot forward, L foot back)
&	Jump feet together hitching L knee
2	Jump feet apart at diagonal (L foot forward, R foot back)
&	Jump feet together hitching R knee
3	Jump feet apart on diagonal
&	Jump feet together (both feet on the floor)
4	Jump feet apart
&	Swivel both heel out to R
5	Recover both heel back in place
6	Touch R back
7,8	Make ¼ turn R passing weight on R bending knees, straighten knees bring L next to R (12.00)
B4: CAMPBELL WALK, JUMP, BUTTERFLY KNEE, SWIVEL HEEL-TOE	
1&2&	Kick R forward, Step R next to L, Knee bent and slightly apart, Knee together
3&4	Kick L forward, Step L next to R, Knee bent and slightly apart, knee together
5	Jump both feet apart
6&	Swivel both heel out (both knees in), swivel both heel back in place
(hand styling –cross like an X while doing swivel heel out, open to side on recovery)	
7	Hold

Swivel both toe in, Swivel both heel in (feet together)

&8