No Tomorrow



编舞者: Frank Heelan (IRE) - March 2018

音乐: Love Me a Little Bit Longer - Lisa Stanley



Intro: 32 counts - start on vocal.

Sec. 1: Side	. toaether.	chasse right.	rock back recover,	pivot ½ turn.

1-2 Step right to right, left together.

3&4 Step right to right, left together, right to right.

5-6 Rock back on left, recover to right

7-8 Step forward left, pivot ½ turn right. (Weight to right) (6.00)

Sec. 2: Rock step, coaster step, walk, walk, chasse 1/4 turn.

1-2 Rock forward left, recover to right.

3&4 Step back left, right together, forward left.

5-6 Walk forward, right, left.

7&8 Turn ¼ left, step right to right, left together, right to right.

Sec. 3: Rock back, recover, side behind, side, cross, side rock, recover.

1-2 Cross left behind right, recover to right.

3-4 Step left to left, step right behind.

5-6 Step left to left, cross right over left.

7-8 Rock left to left. recover to right.

Sec. 4: Rock recover, shuffle ½ turn, right rocking chair.

1-2 Rock forward left, recover to right.

3&4 Turn ¼ left step left to left, right together, turn ¼ left step forward left.

5-6 Rock forward right, recover to left.

7-8 Rock back right, recover to left.

Tag. Wall 9 section 3. Dance up to count 23 hold for 1 then restart dance facing 3.00

Contact: heelanjohnl@gmail.com