

Woman Amen

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Low Intermediate
编舞者: Steve Carlson (USA) - March 2018
音乐: Woman, Amen - Dierks Bentley



No Tags

[1st 8 count] Scissor Step Right, Scissor Step Left

1234 Right foot out to right, Recover left, Cross Right over Left, Hold
5678 Left foot out to left, Recover Right, Cross Left over right, Hold

[2nd 8 Count, 9-16] Right Full turn around (counter-clockwise), Right Rocking Chair in place

1234 Reverse Turn, Right, Left, Right, Left foot back to front starting wall
5678 Right rock forward, Recover Left, Right foot behind, Recover Left foot forward

[3rd 8 Count, 17-24] Right rock, Recover Left, ½ turn(natural) triple step, Left Rock Recover Right, Coaster step

1, 2, 3&4 Right Rock forward, Recover Left, ½ turn clockwise and triple step forward right, left right
5, 6, 7&8 Left Rock forward, Recover right, Left Step Back, Right together, Left Step Forward

[4th 8 Count, 25-32] Right Shuffle, Left Sailor quarter turn, Natural full turn, Triple step Forward Left, Right, Left

1, &, 2 (Shuffle Right) Right foot step to the right, Left foot next to right, Right foot step right,
3, 4 Left step behind right, Recover on Right as you ¼ turn clockwise to the wall to your left
5, 6 Step Left forward starting a natural full turn around(clockwise), Step right (continuing clockwise full turn)
7 & 8 Triple Step forward; Left step forward, Right step next to left, and Left step forward.

[Repeat Dance and have Fun!]

(2nd time thru you will be starting on the 3 o'clock wall)

I hope you enjoy this dance and song as much as I do. Thank You for your feedback!

Enjoy and please email me your comments to: cwboystevelinedance@gmail.com