No More Tears

拍数: 32   **墙数:** 4   **级数:** Beginner

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音乐: No More Tears on the Dancefloor - Steps

Intro: 64 counts (after the 32 counts of instrumental), begin with weight on right foot
No Tags Or Restarts!

Section 1: Step forward, kick, right coaster step, forward rock, recover, shuffle half turn left

1-2	Step forward on left foot, kick right foot (12)
3&4	Step back on right foot, step left foot next to right, step right foot forward
5-6	Rock forward onto left foot, recover back onto right foot
7&8	Make a half turn left stepping left, right, left (6)

Section 2: Cross point x 2, jazz box with cross

1-2	Step right foot forward in front of left foot, point left toe to left side (6)
3-4	Step left foot forward in front of right foot, point right toe to right side
5-6	Step right foot across in front of left foot, step back on left foot
7-8	Step right foot to right side, cross left foot in front of right foot

Section 3: Side rock, recover, behind-side-cross, ¼ turning shuffle, rock back, recover

1-2	Rock onto right foot to right side, recover onto left foot
3&4	Cross right foot behind left foot, step left foot to left side, cross right foot in front of left foot
5&6	Turn ¼ right stepping back on left foot, step right foot next to left, step back on left foot (9)
7-8	Rock back onto right foot, recover forward onto left foot

Section 4: Forward, tap, back, kick, back rock, recover, shuffle forward

1-2	Step forward on right foot, tap left toe slightly behind right foot (9)
3-4	Step back on left foot, kick right foot forward
5-6	Rock back onto right foot, recover forward onto left foot
7&8	Step right foot forward, step left foot next to left foot, step right foot forward

Ending: The dance will end facing the 3 o'clock wall. If you want to put an ending on that will finish on the front wall, do the first 4 counts (step, kick, coaster step) then cross left foot over right and slowly unwind ¾ turn to the front, turning right.

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