

# Capital Letters

拍数: 64      墙数: 2      级数: Intermediate / Advanced  
编舞者: Alan Birchall (UK) & Jacqui Jax (UK) - March 2018  
音乐: Capital Letters - Hailee Steinfeld & BloodPop® : (CD: Fifty Shades Freed)



**Start: On Lyrics Secs: 9 Count: 16 BPM: 100**

## **SAILOR STEP, BEHIND, UNWIND, ROCK, RECOVER, CROSS SHUFFLE**

1&2      Cross Right Behind Left, Step Left To Left, Step Right In Place  
3-4      Cross Left Behind Right, Unwind Full Turn Left (Weight On Left)  
5-6      Rock Right To Right, Recover On Left  
7&8      Cross Right Over Left, Step Left To Left, Cross Right Over Left

## **SIDE, TOGETHER, SIDE, TOGETHER, FORWARD, ROCK, RECOVER, ¾ TURN**

9-10      Step Left To Left, Step Right By Left  
11&12      Step Left To Left, Step Right By Left, Step Forward On Left  
13-14      Rock Forward On Right, Recover On Left  
15-16      Making ½ Turn Right Step Forward On Right, Making ¼ Turn Right Step Left To Left 09:00

## **RIGHT & LEFT HEEL JACKS, ROCK FORWARD, RECOVER, BACK LOCK**

17&18      Cross Right BEHIND Left, Step Left To Left, Extend Right Heel To Right Diagonal  
&19&20      Step Right By Left, Cross Left Over Right, Step Right To Right, Extend Left Heel To Left Diagonal  
&21-22      Step Left By Right, Rock Forward On Right, Recover On Left  
23&24      Step Back On Right, Lock Left Over Right, Step Back On Right

## **TOUCH BACK, UNWIND, STEP, ½ PIVOT, STEP, ½ TURN BACK, ¾ TRIPLE TURN**

25-26      Touch Left Toe Back, Unwind ½ Turn Left 03:00  
27-28      Step Forward On Right, ½ Pivot Turn Left 09:00  
29-30      Step Forward On Right, Make ½ Turn Right Stepping Back On Left 03:00  
31&32      Make a ¾ Triple Turn Right Stepping Right, Left, Right 12:00

## **CROSS ROCK, RECOVER, SIDE SHUFFLE, CROSS ROCK. RECOVER, ¼ SIDE SHUFFLE**

33-34      Cross Rock Left Over Right, Recover On Right  
35&36      Step Left To Left, Step Right By Left, Step Left To Left  
37-38      Cross Rock Right Over Left, Recover On Left  
39&40      Step Right To Right, Left By Right, Making ¼ Turn Right Stepping Forward On Right 03:00

## **SPIRAL TURN, STEP, SHUFFLE FORWARD, ROCK, RECOVER, COASTER STEP**

41-42      Stepping Forward On Left Make A Full Spiral Turn Right, Step Forward On Right  
43&44      Step Forward On Left, Step Right By Left, Step Forward On Left

### **TAG: 4 Count Tag Here During 2nd Wall - Restart Dance**

45-46      Rock Forward On Right, Recover On Left  
47&48      Step Back On Right, Step Left By Right Step Forward On Right

## **¼ ROCK, RECOVER, CROSS SHUFFLE, MODIFIED MONTEREY TURN, ROCK, RECOVER**

49-50      Making A ¼ Turn Right Rocking Left To Left, Recover On Right 06:00  
51&52      Cross Left Over Right, Step Right To Right, Cross Left Over Right  
53-54      Point Right To Right, Make A Full Turn Right Stepping Right By Left  
55-56      Rock Left To Left, Recover On Right

## **JAZZ BOX, MODIFIED MONTEREY TURN, ROCK, RECOVER**

57-58      Cross Left Over Right, Step Back On Right

59-60            Step Left To Left, Cross Right Over Left  
61-62            Point Left To Left, Make A Full Turn Left Stepping Left By Right  
63-64            Rock Right To Right, Recover On Left

## **START AGAIN**

### **Tag: During 2nd Wall - After Count 44**

45-46            Step Forward On Right, Making  $\frac{1}{4}$  Turn Right Point Left To Left 12:00  
47-48            Cross Left Over Right, Point Right To Right

### **Restart The Dance**

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