Doing The Walk

COPPER KNOB

拍数: 32

墙数:4

级数: High Improver

编舞者: Pim van Grootel (NL), Jef Camps (BEL) & Roy Verdonk (NL) - March 2018 音乐: Walk of Shame - Eight to the Bar : (Album: Calling All Ickeroos!)



(Intro 32 counts)

Song is available for online purchase on iTunes

S1: ROCK FWD/RECOVER, BALL, WALKS FWD, STEP FWD, BOUNCES ¼ TURN, BALL, WEAVE

- 1-2& RF rock forward, recover on LF, RF step on ball next to LF
- 3-4 LF step forward, RF step forward
- 5-6-7 LF step forward, bounce 1/8 turn R (lifting both heels), bounce 1/8 turn R (lifting both heels) (3:00)
- &8&1 RF close on ball next to LF, LF cross over RF, RF step side, LF cross behind RF

S2: SNAP, BALL, CROSS, SNAP, SIDE ROCK, ¼ RECOVER, STEP FWD, OUT-OUT, BALL-CROSS

- 2&3-4 Snap fingers (both hands), RF step side on ball, LF cross over RF, snap fingers (both hands)
- 5-6-7 RF rock side, ¼ turn L & recover on LF, RF step forward (12:00)
- &8&1 LF step out, RF step out, LF step on ball next to RF, RF cross over LF

S3: POINT, TOUCH, KICK-BALL-CROSS, ¼ BACK, ¼ SIDE, KNEE & HEAD MOVEMENT

- 2-3 LF touch side, LF touch next to RF
- 4&5 LF kick diagonally L-forward, LF step on ball next to RF, RF cross over LF
- 6-7 1/4 turn R & LF step back, 1/4 turn R & RF step side (6:00)
- 8 Twist L-knee in towards R & look over R shoulder

S4: ¼ FWD, ½ BACK, COASTER STEP, SHORTY GEORGE

- 1-2 ¹/₄ turn L & LF step forward, ¹/₂ turn L & RF step back (9:00)
- 3&4 LF step back, RF close next to LF, LF step forward
- 5-6 RF step forward & turn knee out, LF step forward & turn knee out
- 7-8 RF step forward & turn knee out, LF step forward & turn knee out

Start again and have fun!