

Dancing Feet

COPPER KNOB
STEPPERS

拍数: 32

墙数: 1

级数: Easy Beginner - Line and
Wheelchair



编舞者: Sonja Hemmes (USA) - March 2018

音乐: Dancing Feet - Dave Sheriff

Start after 48 counts

***While this dance was choreographed for people in wheelchairs, it is also for all dancers to enjoy**

HEEL TOUCHES, POINT RIGHT, STEP TOGETHER, POINT LEFT, STEP TOGETHER

- 1-2 Touch right heel diagonally forward, step right together next to left
- 3-4 Touch left heel diagonally forward, step left together next to right
- 5-6 Point right toe to right side, step right next to left
- 7-8 Point left toe to left side, step left next to right

ROCKING CHAIR, STEP FORWARD, HEEL SPLITS

- 1-2 Rock right forward, step on left
- 3-4 Rock right back, step on left
- 5-6 Step right forward, step left forward
- 7-8 Split both heels outward, return heels together

ROCK & CROSS, RIGHT THEN LEFT WITH HOLDS

- 1-2 Rock right to right side, step on left
- 3-4 Step right in front of left, hold
- 5-6 Rock left to left side, step on right
- 7-8 Step left in front of right, hold

RIGHT TOUCH OUT IN OUT IN, STEP LEFT TO LEFT SIDE & BACK, HOLD

- 1-2 Touch right to right side, touch right in next to left
- 3-4 Touch right to right side, step right in next to left
- 5-6 Step left to left side, step right next to left
- 7-8 Step left back, hold

Enjoy this dance whether you are sitting or standing
