Back To My Roots

拍数: 32 **墙数:** 4 **级数:** Easy Intermediate
编舞者: Ed Lawton (UK) & Adrian Churm (UK) - March 2018
音乐: Going Back to My Roots - Odyssey

Sec 1: Kick, ball side, kick ball side, cross rock, side slide, close.

1&2	Kick right foot across left, step ball of right next to left, step left to the side.
3&4	Kick right foot across left, step ball of right next to left, step left to the side.
5 – 6	Rock right foot across left, recover onto left.
7 – 8	Large step to the right side with right (allow left to draw in), close left next to right.

Sec 2: Mashed potatoes back, Jazz Jump, hip roll.

1 – 2	Mashed potatoes back as you step back right, left (or any funky walk back).
3 – 4	Mashed potatoes back as you step back right, close left next to right left (or any funky walk back).
&5 – 6	Jump right then left out to the side, hold for count 6.
7 – 8	Roll hips around to left for 2 counts (or right if you prefer).

Sec 3: Crossing samba steps (Botafogos), ¾ volta turn to right

1&2	Step right across left, rock left to the side, recover onto right.
3&4	Step left across right, rock right to the side, recover onto left.
5&6	Making a ¾ turn around to the right over 4 counts, step right across left, step left to the side.
&7&8	Step right across left, step left to the side, step right across left.

Sec 4: Forward, side and back rocks, step forward, two ½ Pivot turns left.

1&2&	Rock left foot forward, recover onto right, rock left foot to the side, recover onto right.
3&4	Rock left foot back, recover onto right, step left forward.
5 – 6	Step right forward, ½ turn left (weight end on left).
7 – 8	Step right forward, ½ turn left (weight end on left).

Option On all the rock steps in section 4 lean forward and down when they sing "back down to earth"

Tags & Restarts
Wall 3: end of section 1 add in 2 heel bounces with feet together bending knees to bounce (4 counts) and Restart dance

Wall 4: Restart after section 1.