Let Me Keep You Warm



编舞者: Dee Musk (UK) - March 2018

音乐: Time Is Cold (Pop Version) - Jeffrey East: (Single)



#16 Count Intro – Approx 19 seconds - (Begin just after the word "cold" on the opening lyric of "time is cold") –

Track Approx. 3 mins 14 secs. BPM 72.

Track available from iTunes.co.uk.

Step, Step ½ Pivot R, Step, Full Turn L, ¼ Turn L with Sweep, ½ Turn R with Sweep, Sailor Step.

1,2&3 Step forward on R, step forward on L, make ½ turn R, step forward on L.

4& Travelling forward make ½ turn L stepping back on R, make ½ turn L stepping forward on L.

5 Make ¼ turn L stepping R to R side whilst sweeping L behind R.

6&7 Cross step L behind R, make ¼ turn R stepping forward on R, make ¼ turn R stepping L to L

side whilst sweeping R behind L.

8&1 Cross step R behind L, step L to L side, step R to R side. (9 o'clock).

Behind, Side, Cross Rock, Recover, Side Touch, Side Touch, Side, Behind, Side, Cross Rock ¼ Turn R.

2& Cross step L behind R, step R to R side.3& Cross rock L over R, recover weight to R.

4&5& Step L to L side, touch R beside L, step R to R side, touch L beside R.

6 Step L to L side.

7& Cross step R behind L, step L to L side.

8&1 Cross rock R over L, recover weight to L, make ¼ turn R stepping forward on R. (12 o'clock).

Step ½ Pivot R, Lock Step Forward L, Forward Rock R, Recover, Back, Cross, Back, Together, Cross.

2& Step forward on L, make ½ turn R.

Step forward on L, cross R behind L, step forward on L.Rock forward on R, recover weight to L, step back on R.

&7&8 Cross step L over R, step back on R, step L beside R, cross R over L. (6 o'clock).

Side, Back Rock Recover, Side, Touch Unwind Full Turn L, Side, Back Rock Recover, Side, Back Rock Recover, Side, Together.

&1,2& Step L to L side, cross rock R behind L, recover weight to L, step R to R side.

3,4 Touch L behind R, unwind a full turn L (weight on L). ** (Restart here during Wall 5).

&5,6Step R to R side, cross rock L behind R, recover weight to R.&7&Step L to L side, cross rock R behind L, recover weight to L.

8& Step R to R side, step L beside R. (6 o'clock).

**Restart During Wall 5 – dance up to and including count 4 of Section 4, then begin again facing 6 o'clock wall.

Relax and Enjoy

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