

拍数: 32 墙数: 1 级数: Beginner
编舞者: Val Saari (CAN) - March 2018
音乐: X - Nicky Jam & J Balvin : (iTunes)



SHUFFLE RIGHT WITH TRIPLE STEP, SHUFFLE LEFT WITH TRIPLE STEP

1-2 Step RF right, Step LF beside right
3&4 Step RF right, Step LF beside right, Step RF right
5-6 Step LF left, Step RF beside left
7&8 Step LF left, Step RF beside left, Step LF left

RF ROCK FWD, LF RECOVER, RF MAMBO BACK, LF ROCK FWD, RF RECOVER, LF MAMBO BACK

1-2 Rock RF forward, Recover LF
3&4 Rock RF back, Recover LF, Step RF beside left
5-6 Rock LF forward, Recover RF
7&8 Rock LF back, Recover RF, Step LF beside right

STEP-PIVOT 1/2 LEFT, KICK-BALL CHANGE, RF ROCK FWD, LF RECOVER, RF MAMBO BACK

1-2 Step RF forward, pivot 1/2 left
3&4 Kick RF forward, Step RF together, Step LF together
5-6 Rock RF forward, Recover LF
7&8 Rock RF back, Recover LF, Step RF beside left

LF ROCK FWD, RF RECOVER, LF MAMBO BACK, STEP-PIVOT 1/4 LEFT TWICE

1-2 Step LF left, Step RF beside left
3&4 Step LF left, Step RF beside left, Step LF left
5-6 Step RF forward, Pivot 1/4 turn left (weight on left)
7-8 Step RF forward, Pivot 1/4 turn left (weight on left)

Repeat
