Ye Shanghai

拍数: 80

级数: Phrased Intermediate

编舞者: Kenny Teh (MY) - March 2018

音乐: Night Life In Shanghai (夜上海) - Zhou Xuan (周璇)

Dance sequence: A, A, B, A,A,A,A,A,A,A,A,A

Start dance after 32 counts:

Section A: 32 counts

SA1: (FWD DIAG STEP, LOCK, FWD DIAG STEP, SCUFF) X 2

- Step R to right diagonal, lock L behind R, step R to right diagonal, scuff L 1234
- 5678 Step L to left diagonal, lock R behind L, step L to left diagonal, scuff R

SA2: (1/4 R TURN JAZZ BOX) X 2

- 1234 Cross R over L, ¼ right turn (3.00) step L back, step R to R, cross L over R
- 5678 Cross R over L, ¼ right turn (6.00) step L back, step R to R, cross L over R

*Ending: Repeat extra jazz box to finish of facing front...

1234 Cross R over L, ¼ right turn (12.00) step L back, step R to R, cross L over R, point R to R

SA3: (TOE HEEL CROSS, HOLD) X2

- 1234 Touch R toe in, touch R heel out, cross R over L, hold
- 5678 Touch L toe in, touch L heel out, cross L over R, hold

SA4: R SIDE, BEHIND, ¼ R TURN, TOGETHER, ROLL HIPS RLRL

- 1234 Step R to right, step L behind, ¼ R turn step R fwd, step L beside
- 5678 Roll hips RLRL

Section B: 48 counts

SB1: R SIDE, DRAG, TOGETHER, SIDE, TOUCH, L SIDE, TOUCH, R SIDE, TOUCH

- 1234 Big step R to right, drag, step L together, step R to R, touch L beside
- 5678 Step L to left, cross touch R over L, step R to R, cross touch L over R

SB2: ROCKING CHAIR, L FWD, PIVOT ½ R, WALK, WALK

- 1234 Step L forward, recover R, step R back, recover L
- 5678 Step L forward, pivot 1/2 R turn step R forward, step L forward, step R forward

SB3: L & R TOUCHES, ROLL HIPS TWICE ANTICLOCKWISE

- 1&2&3&4 Touch L toe to L, step L beside, touch R toe to R, step R beside, step L toe to L, step L beside, touch R toe forward
- 5678 Roll hips anti clockwise twice

SB4: R SIDE, DRAG, TOGETHER, SIDE, TOUCH, R SIDE, TOUCH, L SIDE, TOUCH

- 1234 Big step R to right, drag, step L together, step R to R, touch L beside
- 5678 Step L to left, cross touch R over L, step R to R, cross touch L over R

SB5: ROCKING CHAIR, L FWD, PIVOT ½ R, WALK, WALK

- Step L forward, recover R, step R back, recover L 1234
- 5678 Step L forward, pivot 1/2 R turn step R forward, step L forward, step R forward

SB6: UNWIND FULL LEFT TURN, HIP BUMP RIGHT AND LEFT

- 1&2&3&4 Touch L behind R, unwind full L turn with weight on L
- 5678 Bump hips right twice, bump hips left twice





墙数: 2