

# From The Ground Up EZ

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 2      级数: Beginner waltz  
编舞者: Martine Canonne (FR) - March 2018  
音乐: From the Ground Up - Dan + Shay : (Album: Obsessed)



**Start : 48 counts**

## **S1 – BASIC L FWD, BASIC R BACK**

1-2-3      Step LF forward, step RF next to LF, recover LF  
4-5-6      Step RF back, step LF next to RF, recover RF

## **S2 – CROSS L, POINT R & HOLD, BACK R, POINT L & HOLD**

1-2-3      Cross LF over RF, touch point RF to R side, hold  
4-5-6      Step RF behind LF, touch point LF to L side, hold

**Restart : wall 18**

## **S3 – LEFT TWINKLE, RIGHT TWINKLE WITH ¼ TURN RIGHT**

1-2-3      Travelling forward Cross LF over RF, step RF diagonal R, step LF diagonal L  
4-5-6      Cross RF over LF, turn ¼ R stepping LF back, step RF to R side (body face to diagonal R)  
(03:00)

## **S4 – LEFT TWINKLE, RIGHT TWINKLE WITH ¼ TURN RIGHT**

1-2-3      Travelling forward Cross LF over RF, step RF diagonal R, step LF diagonal L  
4-5-6      Cross RF over LF, turn ¼ R stepping LF back, step RF to R side (body face to diagonal R)  
(06:00)

**FINISH : make the first 12 counts and Cross LF over RF, turn right to finish facing 12:00**

**Site : <http://danseavecmartineherve.fr/>**