Song To You

拍数: 160

级数: Phrased Intermediate

编舞者: The Dreamers (ES) - April 2018

音乐: My Song to You - Prophets and Outlaws

Step sheet by: Xavi Barrera

PART A, 64 counts

A1: ¼ TURN GRAPEVINE, HOLD, ½ TURN PIVOT, ¼ TURN STEP, HOLD

- 1- Step right to the right
- 2- Cross left behind the right
- 3- Step right to the right, turning ¹/₄ turn to the right at the same time
- 4- Hold
- 5- Touch left forward
- 6- Pivot ½ turn to the right on to the right foot
- 7- Step left forward, turning ¼ turn to the right at the same time
- 8- Hold

A2: KICK x 2, STEP, HOLD, SLOW COASTER STEP, HOLD

- 9- Kick right forward
- 10- Kick right forward
- 11- Step right back
- 12- Hold
- 13- Step left back
- 14- Step right beside the left
- 15- Step left forward
- 16- Hold

A3: MONTERREY, SLOW COASTER STEP, HOLD

- 17- Touch right toe to the right
- 18- Step right beside the left, turning ½ turn to the right at the same time
- 19- Touch left toe to the left
- 20- Step left beside the right
- 21- Step right back
- 22- Step left beside the right
- 23- Step right forward
- 24- Hold

A4: 1/2 TURN STEP-HOOK x 3, STEP, HOOK

- 25- Step left forward, turning ¹/₂ turn to the right at the same time
- 26- Hook right behind the left
- 27- Step right back, turning ½ turn to the right at the same time
- 28- Hook left behind the right
- 29- Step left forward, turning ¹/₂ turn to the right at the same time
- 30- Hook right behind the left
- 31- Step right forward
- 32- Hook left behind the right

A5: ¼ TURN GRAPEVINE, HOLD, ½ TURN PIVOT, ¼ TURN STEP, HOLD

- 33- Step left to the left
- 34- Cross right behind the left
- 35- Step left to the left, turning ¼ turn to the left at the same time





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- 36- Hold
- 37- Touch right forward
- 38- Pivot ½ turn to the left on to the left foot
- 39- Step right forward, turning ¼ turn to the left at the same time
- 40- Hold

A6: KICK x 2, STEP, HOLD, SLOW COASTER STEP, HOLD

- 41- Kick left forward
- 42- Kick left forward
- 43- Step left back
- 44- Hold
- 45- Step right back
- 46- Step left beside the right
- 47- Step right forward
- 48- Hold

A7: MONTEREY, SLOW COASTER STEP, HOLD

- 49- Touch left toe to the left
- 50- Step left beside the right, turning ¹/₂ turn to the left at the same time
- 51- Touch right toe to the right
- 52- Step right beside the left
- 53- Step left back
- 54- Step right beside the left
- 55- Step left forward
- 56- Hold

A8: ½ TURN STEP-HOOK x 3, STEP, HOOK

- 57- Step right forward, turning ½ turn to the left at the same time
- 58- Hook left behind the left
- 59- Step left back, turning ¹/₂ turn to the left at the same time
- 60- Hook right behind the left
- 61- Step right forward, turning ½ turn to the left at the same time
- 62- Hook left behind the right
- 63- Step left forward
- 64- Hold

PART B, 80 counts

B1: Diagonally left-forward oriented: JUMPED TRHEE COUNTS JAZZBOX x 2, STOMP, HOLD

- 1- Jumping, cross right over the left and raise left back at the same time
- 2- Jumping, step left back and kick right forward at the same time
- 3- Jumping, step right back and kick left forward at the same time
- 4- Jumping, cross left over the right and raise right back at the same time
- 5- Jumping, step right back and kick left forward at the same time
- 6- Jumping, step left back and kick right forward at the same time
- 7- Stomp right forward
- 8- Hold

B2: Diagonally left-forward oriented: SWIVEL, ½ TURN SHUFFLE, ½ TURN ROCK STEP, ¼ TURN STEP, HOLD

- 9- Move right heel to the right
- 10- Move right heel to center
- 11- Step left forward, turning ¼ turn to the right at the same time
- &- Step right beside the left
- 12- Step left to the left, turning ¼ turn to the right at the same time

- 13- Rock right back, turning 1/2 turn to the right at the same time
- 14- Recover your weight on to the left
- 15- Step right to the right, turning ¼ turn to the right at the same time
- 16- Hold

B3: Diagonally right-forward oriented: JUMPED TRHEE COUNTS JAZZBOX x 2, STOMP, HOLD

- 17- Jumping, cross left over the right, raising right back at the same time
- 18- Jumping, step right back and kick left forward at the same time
- 19- Jumping, step left back and kick right forward at the same time
- 20- Jumping, cross right over the left, raising left back at the same time
- 21- Jumping, step left back and kick right forward at the same time
- 22- Jumping, step right back and kick left forward at the same time
- 23- Stomp left forward
- 24- Hold

B4: Diagonally right-forward oriented: SWIVEL, ½ TURN SHUFFLE, ½ TURN ROCK STEP, ¼ TURN STEP, HOLD

- 25- Move left heel to the left
- 26- Move left heel to center
- 27- Step right forward, turning ¼ turn to the left at the same time
- &- Step left beside the right
- 28- Step right to the right, turning ¼ turn to the left at the same time
- 29- Rock left back, turning ½ turn to the left at the same time
- 30- Recover your weight on to the left
- 31- Step left to the left, turning ¼ turn to the left at the same time
- 32- Hold

B5: Diagonally left-forward oriented: JUMPED TRHEE COUNTS JAZZBOX x 2, STOMP, HOLD

- 33- Jumping, cross right over the left and raise left back at the same time
- 34- Jumping, step left back and kick right forward at the same time
- 35- Jumping, step right back and kick left forward at the same time
- 36- Jumping, cross left over the right and raise right back at the same time
- 37- Jumping, step right back and kick left forward at the same time
- 38- Jumping, step left back and kick right forward at the same time
- 39- Stomp right forward
- 40- Hold

B6: Diagonally left-forward oriented: SWIVEL, ½ TURN SHUFFLE, ½ TURN ROCK STEP, ¼ TURN STEP, HOLD

- 41- Move right heel to the right
- 42- Move right heel to center
- 43- Step left forward, turning ¼ turn to the right at the same time
- &- Step right beside the left
- 44- Step left to the left, turning ¼ turn to the right at the same time
- 45- Rock right back, turning ½ turn to the right at the same time
- 46- Recover your weight on to the left
- 47- Step right to the right, turning ¹/₄ turn to the right at the same time
- 48- Hold

B7: Diagonally right-forward oriented: JUMPED TRHEE COUNTS JAZZBOX x 2, STOMP, HOLD

- 49- Jumping, cross left over the right, raising right back at the same time
- 50- Jumping, step right back and kick left forward at the same time
- 51- Jumping, step left back and kick right forward at the same time
- 52- Jumping, cross right over the left, raising left back at the same time

- 53- Jumping, step left back and kick right forward at the same time
- 54- Jumping, step right back and kick left forward at the same time
- 55- Stomp left forward
- 56- Hold

B8: Diagonally right-forward oriented: SWIVEL, ½ TURN SHUFFLE, ½ TURN ROCK STEP, ¼ TURN STEP, HOLD

- 57- Move left heel to the left
- 58- Move left heel to center
- 59- Step right forward, turning ¼ turn to the left at the same time
- &- Step left beside the right
- 60- Step right to the right, turning ¼ turn to the left at the same time
- 61- Rock left back, turning ½ turn to the left at the same time
- 62- Recover your weight on to the left
- 63- Step left to the left, turning ¼ turn to the left at the same time
- 64- Hold

B9: ½ TURN GRAPEVINE, ½ TURN PIVOT, ½ TURN STEP, STEP

- 65- Step right to the right, turning ¹/₄ turn to the right at the same time
- 66- Cross left behind the right
- 67- Step right to the right, turning ¹/₄ turn to the right at the same time
- 68- Hold
- 69- Touch left forward
- 70- Pivot ½ turn to the right on to the right foot
- 71- Step left forward, turning ¹/₂ turn to the right at the same time
- 72- Step left beside the right

B10: JUMPING SPREAD LEGS, JUMPING CROSS LEGS, ½ TURN PIVOT, HOLD, STOMP x 3, HOLD

- 73- Jumping, spread legs
- 74- Jumping, cross right over the left
- 75- Pivot ½ turn to the left
- 76- Hold
- 77- Stomp right forward
- 78- Stomp left beside the right
- 79- Stomp right to the right
- 80- Hold

PART C, 16 counts

C1: HEEL STRUT x 2, ½ TURN SHUFFLE, ½ TURN STEP, HOLD

- 1- Touch right heel forward
- 2- Lower right
- 3- Touch left heel forward
- 4- Lower left
- 5- Step right forward, turning ¼ turn to the left at the same time
- &- Step left beside the right
- 6- Step right to the right, turning ¼ turn to the left at the same time
- 7- Step left back, turning ½ turn to the left at the same time
- 8- Hold

C2: JUMPED ROCK STEP x 3, ½ TURN STEP x 2

- 9- Jumping, cross right over the left
- 10- Jump left back
- 11- Jumping, cross right over the left
- 12- Jump left back

- 13- Jumping, rock right to the right, raising the left heel at the same time
- 14- Recover your weight on to the left
- 15- Step right over the left, turning ¹/₂ turn to the left at the same time
- 16- Step left behind the right, turning ½ turn to the left at the same time

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