

Viking Ground

COPPER KNOB
STEP SHEETS

拍数: 24 墙数: 4 级数:
编舞者: Ronny Palerud Larsen (NOR) - April 2018
音乐: Higher Ground - Rasmussen : (Danish entry to the Eurovision Song Contest 2018)



Start dance on vocals.

Cross, side, behind side cross, recover and cross rock

1,2 Step LF over RF, step RF right
3&4 Step LF behind RF, step RF right, rock LF across RF
5&6& Recover to RF, step LF left, rock RF across LF, recover to LF

Walk, walk, step 1/2 turn, step, full turn

1,2 Walk right, left
3,4 Step RF forward, turn 1/2 turn left weight ends on LF
5,6& Step RF forward, make 1/2 turn right stepping LF back, make 1/2 turn right stepping RF forward

Restart point, wall 2

Rock, recover and step 1/2 turn, 1 1/2 turn

1,2& Rock LF forward, recover to RF, step LF beside RF
3,4 Step RF forward, make 1/2 turn left weight ending on LF
5&6 Make 1/2 turn left stepping RF back, make 1/2 turn left stepping LF forward, make 1/2 turn left stepping RF back

Rock, recover and, rock, recover, cross and heel

1,2& Turn 1/4 left rocking LF left, recover to RF, step LF beside RF
3,4 Rock RF right, recover to LF
5&6& Step RF over LF, step LF left, dig left heel to right diagonal, step RF beside LF

Restart with step change on wall 2

Dance up to count 12& and add the following steps. You will do the steps on the drumbeat facing 9 o'clock:

1&2&3& Rock LF forward, recover to RF, rock LF back, recover to RF, stomp LF beside RF, stomp RF beside LF

Tag after walls 3 and 7 (facing front wall both times)

Cross, side, behind side cross, recover and cross rock

1,2 Step LF over RF, step RF right
3&4 Step LF behind RF, step RF right, rock LF across RF
5&6& Recover to RF, step LF left, rock RF across LF, recover to LF

Cross, side, behind side cross, recover and cross rock

1,2 Step RF over LF, step LF right
3&4 Step RF behind RF, step LF right, rock RF across LF
5&6& Recover to LF, step RF left, rock LF across RF, recover to RF

Choreographers note: This dance is not a waltz, though the counting is in 6's. It's in 6/8 rhythm. Listen to the track and it will guide you.

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Last Update - 1 Nov. 2020

