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拍数: 64 墙数: 4 级数: Beginner / Improver 编舞者: Ilona Tessmer-Willis (USA) - April 2018 音乐: Cuba - Gibson Brothers: (Google Play / iTunes / AmazonMP3) Intro: 32 ct S1: R FORWARD ROCK R BACK SHUFFLE, L BACK ROCK L FORWARD SHUFFLE R Forward Rock, L Recover R Back Step, L Together, R Back Step L Back Rock, R Recover L Forward Step, R Together, L Forward Step S2: 1/2 L TURN: 2 R PADDLES, FORWARD R & L SYNCOPATED HIP BUMP R Forward, 1/4 Turn on L Ball (weight on left) R Forward, 1/4 Turn on L Ball (weight on left) R Step Forward Hip Bump, L Bump, R Bump (weight on left) L Step Forward Hip Bump, R Bump, L Bump (weight on left) S3: R FORWARD ROCK R BACK SHUFFLE, L BACK ROCK, L FORWARD SHUFFLE R Forward Rock, L Recover R Back Step, L Together, R Back Step L Back rock, R Recover L Forward Step, R Together, L Forward Step S4: 1/2 L TURN: 2 R PADDLES. FORWARD R & L SYNCOPATED HIP BUMP R Forward, 1/4 L Turn on L Ball (weight on left) R Forward, 1/4 L Turn on L Ball (weight on left) R Step Forward Hip Bump, L Bump R Bump L Step Forward Hip Bump, R Bump, L Bump S5: R SIDE STEP TOGETHER R SIDE SHUFFLE, L & R SWAY, L KICKBALL CHANGE R Side Step, L Together R Side Step, L Together, R Side Step L & R Sway (weight on right) L Kick Forward, Step on Ball of L, R Step in place. S6: L SIDE STEP TOGETHER L SIDE SHUFFLE, R & L SWAY, R KICKBALL CHANGE L Side Step, R Together L Side Step, R Together, L Side Step R & L Sway (weight on left) R Kick Forward, Step on Ball of R, L Step in place S7: 1/4 R TURN: R&L FORWARD SHUFFLE, R&L FORWARD SHUFFLE (OPTION: FULL RIGHT TURN CT 5&6, 7&8) 1/8 R Turn: R Step Forward, L Together, R Step Forward 1/8 R Turn: L Step Forward, R Together, L Step Forward R Step Forward, L Together, R Step Forward L Step Forward, R Together, L Step Forward

S8: R ROCK FORWARD 1/2 R TURN: R SHUFFLE, 1/2 R PIVOT TURN, R MAMBO

1/2 R Turn: R Forward, L Together, R Forward

R Forward Rock, L Recover

5-6 L Forward , Pivot on Balls of both Feet 1/2 R (weight on right)

7&8 L Side Step, Recover on R, L Close Next to R

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