New Rules LDLS

拍数: 48

墙数:0

级数:

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音乐: New Rules - Dua Lipa

Start after INTRO - 8x2
Tag – 4 counts Freestyle
Seq: AAA Tag BB AA A16, Tag, BB, AA, Tag, BB A

SECTION	A: 32	counts	
AI.			

- 1-2. RF touch forward / repeat
- 3-4. RF touch to the right / repeat
- RF touch backward / repeat 5-6.
- 7&8 kick forward RF /RF back to place side of LF / LF open point to the left

All.

- 1-2. LF touch forward / repeat
- 3-4. LF touch to the left /repeat
- 5-6. LF touch backward / repeat
- 7&8. Kick forward LF /LF back to place side of RF /RF open point to the right

AIII.

- 1-2. RF cross over to LF / LF open to the left
- 3-4. LF cross over to RF / RF open to the right
- 5-6. Cross over RF / step LF backward
- 7-8. Step RF to R side (1/4 turn to the R or face to 3 o'clock) / LF step to forward

AIV.

- Bump hip to the R (RF diagonally forward touch) / RF step in place 1-2.
- 3-4 Bump hip to the L (LF diagonally forward touch) / LF step in place
- RF step forward / turn 1/2 left (face to 9 o'clock) 5-6.
- RF step forward / LF step forward 7-8.

SECTION B: 16 counts

BI.

- 1-2 RF brush / RF open side to R
- 3-4 LF brush / LF open side to L
- 5-6 shake upper body from R to L
- 7-8 shake upper body from R to L

BII.

- 1-2 Roll hip back from L to R / turn 1/4 to the left
- 3-4 roll hip back from L to R /turn 1/4 to the left
- 5&6. Step RF to R/ LF step in place / RF close together
- 7&8. Step LF to L / RF step in place / LF close together

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