

Walk Of Life

拍数: 96 墙数: 2 级数: Phrased Improver
编舞者: Verity Mills (AUS) & Dennis Foley (AUS) - April 2018
音乐: Walk of Life - Dire Straits



INTRO: .12 sec then 64 count start on .35 sec
Sequence: A ,A, B, B, B, B, Tag, B, B, A, A, Tag

Part A: 32 counts

- 1, 2 Step Right Forward To Right Diagonal Whilst Pushing R Hip (and Clap Hands Above Moving Foot)
3, 4 Step Left Forward To Left Diagonal Whilst Pushing L Hip (and Clap Hands Above Moving Foot)
5, 6 Step Right Forward To Right Diagonal Whilst Pushing R Hip (and Clap Hands Above Moving Foot)
7, 8 Step Left Forward To Left Diagonal Whilst Pushing L Hip (and Clap Hands Above Moving Foot)
- 1, 2 Step Right Back On Diagonal, Swing arms to Right and Click fingers
3, 4 Step Left Back on Diagonal, Swing arms to Left and click fingers
5, 6 Step Right Back On Diagonal, Swing arms to Right and Click fingers
7, 8 Turn ¼ Left Stepping Left to Left Side Hold (facing 9)
- 1, 2 Step Right Forward to Right Diagonal, Hold (V Step)
3, 4 Step Left Forward to Left Diagonal, Hold
5, 6 Step Right Back, Hold
7, 8 Step Left Back, Hold
- 1, 2 Step Right Forward to Right Diagonal, Hold
3, 4 Step Left Forward to Left Diagonal, Hold
5, 6 Step Right Forward, Hold
7, 8 Turn ¼ Left Keeping Weight on Left, Hold (facing 6)

Part B: 64 counts

- 1, 2 Step Right Heel Forward, Hold
3, 4 Step Right Toe Back, Hold
5, 6, 7, 8 Step Right Forward, Step Left Next to Right, Step Right Fwd, Hold
- 1, 2 Step Left Heel Fwd, Hold
3, 4 Step Left Toe Back, Hold
5, 6, 7, 8 Step Left Fwd, Step Right Next to Left, Step Left Fwd, Hold
- 1, 2 Step Right to Right Side, Hold
3, 4 Cross And Step Left across Right (with slightly bent knee), Hold
(Optional hand movements raise right arm diag to 1:30p left arm near chest follows right arm)
(like BOLTS VICTORY SIGNATURE)
- 5, 6 Step Right to Right Side, Hold,
7, 8 Cross and Step Left across Right (opt hand movement repeat BOLT SIGNATURE)
- 1, 2, 3, 4 Step RF to Right Side, Close LF to RF, Step RF to Right Side, Hold (Weight on RF)
5, 6 Push Left Hip to Left side, Push Right Hip to Right side
7, 8 Tap Left Toe Behind Right Foot, Hold, Swing Head and Both Arms to Right Side Clicking Finger (Weight on RF)

- 1, 2 Step Left to Left Side, Hold (Travelling Left)
 3, 4 Step RF Behind (with dip), Hold
 5, 6, 7, 8 Turn ¼ Left (now facing 9) Walk Fwd Left, Hold, Walk Fwd Right, Hold
- 1, 2 Turn ¼ Right (now facing 12) Step Left to Left Side, Hold
 3, 4 Step Right Behind Left (dip), Hold
 5, 6, 7, 8 Step Left to Left Side, Close Rf to Lf, Step Lf to Left Side, Hold
- 1, 2 Push Right Hip to Right Side, Push Left Hip to Left Side,
 3, 4 Tap Right Toe Behind Left Foot, Hold (Opt swing head and both arms to left side and click fingers)
 5, 6, 7, 8 Step Rf Toe to Right Side, Drop Heel Down, Step Left Across RF, Drop Heel Down
- 1, 2 Turn ¼ Right (now facing 3) Walk Right Fwd, Hold
 3, 4 Turn 1/8 Right(now facing 4:30) Walk Left Fwd, Hold
 5, 6, 7, 8 Turn 1/8 Right (facing 6) Run R, L, R, L (4 runs)

TAG: 32 counts

- 1, 2 Step Right Fwd to Right Diagonal Whilst Pushing R Hip and Clap Hands (and clap hands above moving foot)
 3, 4 Step Left Fwd to Left Diagonal Whilst Pushing L Hip and Clap Hands (and clap hands above moving foot)
 5, 6 Step Right Fwd to Right Diagonal Whilst Pushing R Hip and Clap Hands (and clap hands above moving foot)
 7, 8 Step Left Fwd to Left Diagonal Whilst Pushing L Hip and Clap Hands (and clap hands above moving foot)
- 1, 2 Step Rf Back on Diagonal Right, Hold (opt: Point Left arm out to 10:30 whilst doing hip bumps)
 3, 4, 5, 6 Step Left foot Forward Whilst Pushing Left Hip, Push Right Hip Back, Push Left Hip Fwd, Hold
 7, 8 Step Right Back on Right Diagonal, Hold
- 1, 2, 3, 4 Step Left Back on Left Diagonal, Hold, Cross Right Over Left, Hold
 5, 6, 7, 8 Step Left Straight Back, Hold, Step Rf to Right, Step Left next to Right
- 1, 2, 3, 4 Step Right to Right Side, Hold, Step Left Behind Right, Hold
 5, 6, 7, 8 Point Right To Right Side, Hold, Tap Right Behind Left, Hold

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