

# Stop Me From Falling

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Heather Barton (SCO) & Hayley Wheatley (UK) - April 2018  
音乐: Stop Me from Falling - Kylie Minogue : (Album: Golden)



Count In: 16 Counts

## **S1: HEEL, BALL TOUCH, DIAGONAL STEP, TOUCH, KICK BALL, TOUCH SIDE, TOUCH SIDE, BALL STEP**

1&2&      Tap R Heel fwd, Replace R foot, Touch L toe beside R foot, Replace LF 12:00  
3-4      Step RF fwd to R Diagonal (1.30), Touch L toe beside R foot 12:00  
5&6&      Kick LF fwd, Replace LF beside RF, Touch R toe to R side, Replace RF beside LF 12:00  
7&8      Touch L toe to L side, Replace LF beside RF, Step fwd onto RF 12:00

## **S2: CROSS, STEP ¼ TURN, CHASSE, CROSS ROCK, RECOVER, SIDE, TOUCH**

1-2      Cross LF over RF, Step back onto RF making ¼ turn L 9:00  
3&4      Step LF to L side, Close RF beside LF, Step Lf to L side 9:00  
5-6      Cross Rock RF over LF, Recover onto LF 9:00  
7-8      Large step RF to R side, Touch LF beside RF 9:00

**Optional Arms: On Counts 7-8 push palms of hands out and raise arms upwards as Kylie sings "falling".**

## **S3: CHASSE ¼ TURN, ROCK ¼ TURN AND CROSS, SIDE ROCK, RECOVER, BEHIND SIDE CROSS**

1&2      Step LF to L side, Close RF beside LF, make ¼ turn L stepping fwd onto LF 6:00  
3&4      Make ¼ turn L rocking RF to R side, Recover onto LF, Cross RF over LF 3:00  
5-6      Rock LF to L side, Recover onto RF 3:00  
7&8      Step LF behind RF, Step RF to R side, Cross LF over RF 3:00

## **S4: MONTEREY ½ TURN WITH ROCK AND CROSS, SIDE ROCK, RECOVER, BACK ROCK, RECOVER**

1-2      Touch R toe to R side, Close RF beside LF making ½ turn R 9:00  
3&4      Rock LF to L side, Recover onto RF, Cross LF over RF 9:00  
5-6      Rock RF to R side, Recover onto LF 9:00  
7-8      Rock back onto RF, Recover onto LF 9:00

**Begin Again!!**

**Optional ending: On wall 10 replace counts 31-32 with a Sailor 1/2 turn Right to finish facing the front wall.**

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