Windmills Of Lynn's Mind

级数: Beginner

编舞者: Val Saari (CAN) - April 2018

音乐: The Windmills of Your Mind - Henry Mancini : (iTunes)

墙数: 4

CROSS-ROCK R,L

拍数: 48

- 1-2 Cross RF over L, Recover LF
- 3-4 Step RF together, hold
- 5-6 Cross LF over R, Recover RF
- 7-8 Step LF together, hold

CROSS-ROCK & CHASSE R, L PIVOT 1/4

- 1-2 Cross RF over L, Recover LF
- 3&4 Step RF right, Step LF beside R, Step RF right
- 5-6 Cross LF over R, Recover RF
- 7&8 Step LF left, Step RF beside L, Step LF 1/4 Pivot L

VINE RIGHT, TOUCH, VINE LEFT, TOUCH

- 1-2 Step RF to right side, Step LF behind R
- 3-4 Step RF to right side, Touch LF beside R
- 5-6 Step LF to left side, Step RF behind L
- 7-8 Step LF to left side, Touch RF beside L

SHUFFLE FORWARD X 2, STEP PIVOT 1/2 L

- 1&2 Shuffle forward RLR
- 3&4 Shuffle forward LRL
- 5-6 Step RF forward
- 7-8 Pivot 1/2 Left

LINDY RIGHT, LINDY LEFT

- 1&2 Shuffle right, RLR
- 3-4 Rock back on LF, Recover on RF
- 5&6 Shuffle left, LRL
- 7-8 Rock back on RF, Recover on LF

SKATE-TOUCH DIAGONALLY FWD X 2, COASTER STEP

- 1&2 Skate RF diagonally fwd (1:00) Touch L
- 3&4 Skate LF diagonally fwd (11:00) Touch R
- 5-6 Rock RF forward, Recover L
- 7-8 Rock RF back, Recover L

REPEAT

Notes: As the music begins to gradually slow down near the end, the dance should also slow down to coordinate with the beat.



