

Erbalunga

拍数: 32 墙数: 4 级数: High Beginner - Irish
编舞者: Sébastien BONNIER (FR) - March 2018
音乐: Erbalunga - Urban Trad



Intro: 64 Counts

[1-8] SCUFF HITCH STEP FORWARD (x2), MAMBO FORWARD & BACKWARD

1&2 RF Scuff forward, RF Hitch, RF Step forward
3&4 LF Scuff forward, LF Hitch, LF Step forward
5&6 RF Step forward, LF Recover weight, RF Step together
7&8 LF Step backward, RF Recover weight, LF Step together

[9-16] SCUFF HITCH STEP FORWARD (x2), MAMBO FWD, TRIPLE TURN 1/2 L ON PLACE

1&2 RF Scuff forward, RF Hitch, RF Step forward
3&4 LF Scuff forward, LF Hitch, LF Step forward
5&6 RF Step forward, LF Recover weight, RF Step together
7&8 1/4 Turn L with on Place, 1/4 Turn L with on Place, LF on Place (6:00)

(option: Sailor Turn 1/2 L)

RESTART: At the 7th Wall

[17-24] CROSS MAMBO R&L, LOCK STEP R&L

1&2 RF Cross over, LF Recover weight, RF Step together
3&4 LF Cross over, RF Recover weight, LF Step together
5&6 RF Step forward, LF Lock behind, RF Step forward
7&8 LF Step forward, RF Lock behind, LF Step forward

[25-32] STEP TURN 1/8 L (x2), HEELS SWIVEL

1-2 RF Step together (3rd Position), 1/8 Turn L with LF Recover weight (4:30)
3-4 RF Step together (3rd Position), 1/8 Turn L with LF Recover weight (3:00)
5&6 Heels Pivot side R, Heels Pivot Center, Heels Pivot side R
7&8 Heels Pivot Center, Heels Pivot side R, Heels Pivot Center

RESTART: After 16 counts, at the 7th Wall: Resume from the beginning

Contact: firedance@hotmail.fr / +33614473768 / Facebook: Sébastien BONNIER