

Mama's Good Lookin' Country Boy

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Pat Newell (USA) - April 2018
音乐: Country As a Boy Can Be - Brady Seals



Senior Starter Series

Learning: diagonal steps, walk back with hitches, vine to ¼ turn, rocking chair, pivots, jazz box

Start on "I Picked" - No Tags, No Restarts

STEP SLIDE STEP TOUCH DIAG FWD, RIGHT AND LEFT

1-4 Step R diag fwd, slide L next to R, step R fwd, touch L
5-8 Step L diag fwd, slide R next to L, step L fwd, touch R

WALK BACK 3 TIMES, HITCH L, LEFT VINE TO ¼ LEFT 9:00

1-4 Walk back R, L, R hitch L
5-8 Step L to L, step R behind L, turn ¼ L, brush R 9:00

4 COUNT ROCKING CHAIR, ½ PIVOT L, ¼ PIVOT L 12:00

1-4 Rock R forward, recover on L, rock R back, recover on L
5-8 Step forward on R, pivot ½ L, step forward on R, pivot ¼ L 12:00

JAZZ BOX ¼ RIGHT, 4 COUNT ROCKING CHAIR

1-4 Cross R across L, step back on L, step ¼ R on R, step down on L 3:00
5-8 Rock R forward, recover on L, rock R back, recover on L

***Note that body momentum is headed forward so very easy to start dance again.**

START AGAIN

DANCE FOR THE HEALTH OF IT
