Cry Pretty

拍数: 48

级数: Low Intermediate

编舞者: Junior Willis (USA) & Scott Schrank (USA) - April 2018

音乐: Cry Pretty - Carrie Underwood : (iTunes - Single)

墙数:4

Phrasing: 48 Count Waltz With One Restart On Wall 4 After 12 Counts Intro: 12 Counts (5 Seconds In on the word "Sorry")

[1-12] STEP-SWEEP, STEP-SWEEP, ROCK-RECOVER-TURN, SIDE-CLOSE

- 1-3 Step LF forward while sweeping RF over LF (1,2,3)
- 4-6 Step RF forward while sweeping LF over RF (4,5,6)
- 1-3 Rock LF forward (1), Recover weight to RF starting 1/2 turn left (2), Finish 1/2 turn left stepping LF forward (3) [6:00]
- 4-6 Step RF side right (4), Slide toes of LF next to RF (5,6) (Weight the RF)

(Restart happens during the 4th rotation of the dance)

[13-24] STEP 1/4, TURN 1/2, TURN 1/2, STEP, SLIDE-HOLD, RUN-RUN-RUN, POINT, HOLD

- 1-3 Make 1/4 turn left stepping LF forward (1), Make 1/2 turn left on ball of LF stepping RF back (2), Make 1/2 left on ball of RF stepping LF slightly forward (3) [3;00]
- 4-6 Step RF forward (4) Slide toes of LF next to RF in two counts (5,6)
- 1-3 Step LF back (1), Step RF back (2), Step LF back (3)
- 4-6 Point R toes right (4), Hold (5,6)

[25-36] SAILOR STEP, SWEEP, SWEEP, SAILOR 1/2 TURN

- 1-3 Step R foot behind L foot (1), Step L foot left (2), Step RF diagonally right (3)
- 4-6 Step LF behind RF while sweeping RF from front to behind LF (4,5,6)
- 1-3 Step RF behind LF while sweeping LF from front to behind RF (1,2,3)
- 4-6 Step LF behind RF starting 1/2 turn left (4), Step ball of RF next to LF (5), Step LF slightly left (6) [9:00]

[37-48] CROSS-SWEEP, STEP, SIDE, BEHIND, POINT, HOLD, SAILOR 1/2 TURN

- 1-3 Cross RF over LF while sweeping LF over RF (1,2,3)
- 4-6 Step LF over RF (4), Step RF right (5), Step LF behind RF (6)
- 1-3 Point R toes right (1), Hold position (2,3)
- 4-6 Step RF behind LF starting 1/2 turn right (4), Step LF next to RF (5), Step RF forward (6) [3:00)

Start the dance again.

Restart: After finishing three full rotations of the dance, you will be facing 9:00. Do the first 12 counts of the dance. This will put you facing 3:00. Restart the dance from the beginning facing 3:00.

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