Hands On You

拍数: 32

级数: Improver

编舞者: Joel Cormery (FR) - April 2018

音乐: Hands On You - Ashley Monroe

Intro: 1x8

[1-8] WALK R, WALK L, ROCK STEP RECOVER, WALK L, WALK R, ROCK MAMBO

- 1-2 Walk R, walk L
- 3&4 FR forward, switch body weight FL, return body weight FR

墙数:4

- 5-6 Walk L, walk R
- 7&8 FL forward, back body weight FR, FL behind

[9-16] BACK R, TOES L TO L, BEHIND, 1/4 TURN R, STEP L, STEP R, 1/2 TURN L, STEP R LOCK STEP

- 1-2 Back FR behind FL, point L to L
- 3&4 FL behind FR, 1/4 turn R FR in front, FL forward
- 5-6 FR forward, 1/2 turn to L
- 7&8 FR forward, FL behind FR, FR in front

*Tag / Restart here 4th wall in front of 3H

*3 count : Side L sway, sway R, sway L, followed by the restart

[17-24] STEP L CROSS, HOLD, PIVOT 1/4 TURN L, CROSS R, HOLD, PIVOT 1/4 TURN R, CROSS L, STEP R, STEP LOCK STEP

- 1-2 Step L across R, hold
- &3-4 1/4 turn L, cross R over L, Hold
- &5-6 1/4 turn to R, cross L over R, R over
- 7&8 Step forward *, R behind L, step forward

* Restart here at 9th wall, face 12H after count 7

[25-32] STEP R, TOES L TO L, 1/4 TURN L SAILOR STEP, STEP R CROSS, TOES L TO L, STEP L CROSS, TOES R TO R

- 1-2 Step R forward, point FL to L,
- 3&4 1/4 turn L behind R, R to R, step L in place
- 5-6 Step R crossed in front of FL, point L to L
- 7-8 Step L crossed in front of FR, point R to R

To dance is like talking in silence. It says a lot without speaking a word. http://joelcormery.wix.com

