

Your One and Only

COPPER KNOB
STEPPERS

拍数: 32 墙数: 2 级数: Easy Intermediate
编舞者: Debbie Nishiki (USA) - April 2018
音乐: Neon Moon - Brooks & Dunn : (Album: Denim and Diamonds)



Intro: 16 counts. (Starts with lyrics)

S1 (1-8) Cross Rocks, Shuffles

1-2 Cross rock right over left, recover left (12:00)
3&4 Step RF to right side, step LF to right, step RF to side
5-6 Cross rock left over right, recover right
7&8 Step LF to left side, step RF to left side, step LF to side (12:00)

(Bridge – Wall 13)

S2 (1-8) Rock step, Cross, Back, Side, Cross, Back, Side

1-2 Right rock in place (at right diagonal), left step slightly back (12:00)
3-4-5 Cross RF over left, step back left, step RF to right side
6-7-8 Cross LF over right, step back right, step LF to left side (12:00)

(Restarts here – Walls 4 and 9)

S3 (1-8) Right side rock, Cross shuffle, ¼ turn right, ¼ turn right, Cross shuffle

1-2 Rock right to right side, recover left (12:00)
3&4 Cross RF over left, step LF to left, cross RF over left
5-6 Turn ¼ right, Turn ¼ right, stepping RF to right side (6:00)
7&8 Cross LF over right, step RF beside left, cross LF to right (6:00)

S4 (1-8) Right grapevine with a turn

1-2 Step RF to right, cross LF behind right (6:00)
3-4 Turn ¼ right, step LF forward (9:00)
5 Turn ½ RF (3:00)
6 Turn ¼ Right and step left to (6:00)
7-8 Cross RF behind left, and step left to the side (6:00)

(Start Over)

****2 Restarts: On Walls 4 and 9 (both facing 6:00), dance first 16 counts and restart the dance.**

Bridge: On Wall 13 (facing 12:00) dance first 8 counts and stop (for 4 counts), then resume dance when music begins again.

Ending: On Wall 14 (facing 6:00) dance first 16 counts, step forward on RF and make pivot half turn to the front (12:00), step forward on RF and make a “bow”.

Enjoy y'all!!!!

Contact: debnishiki@yahoo.com