We Got This (P)



拍数: 32 墙数: 0 级数: Improver Partner

编舞者: Dan Albro (USA) - April 2018 音乐: I Got This - Jerrod Niemann



Intro: 16 Count Intro, Start with vocals

Start: Man Facing OLOD, Lady Facing ILOD (no hands)

Opposite footwork except where noted.

[1-8] STEP, STOMP, TAP, TAP, ROCKING CHAIR

1,2,3,4 Step fwd L, stomp fwd R, tap R heel, tap R heel

5,6,7,8 Rock fwd L, replace weight on R, rock back L, replace weight on R

[9-16] SHUFFLE SIDE, ROCK, STEP, SHUFFLE SIDE, ROCK, STEP

1&2,3,4 Step side L, step R next to L, step side L, cross rock R behind L, replace weight R Step side R, step L next to R, step side R, cross rock L behind R, replace weight L

Hands: Pick up his left - her right on 1. On 5 release and pick up his right - her left

[17-24] SIDE, BEHIND, SHUFFLE SIDE 1/4 TURN, TURN LADY, SHUFFLE FWD

1,2,3&4 Step side L, cross R behind L, step side L, step R next to L, turn 1/4 left stepping fwd L

5,6,7&8 MAN Step fwd R, step fwd R, step L next to R, step fwd R

5,6 LADY Turn ½ right stepping back L, turn ½ right stepping fwd R

7&8 Step fwd L, step R next to L, step fwd L

Hands: On 1 pick up his left - her right then release them on 4

[25-32] STEP 1/4 TURN, CROSS SHUFFLE, SWIVEL, SWIVEL, SWIVEL, COASTER

1,2 Step fwd L, pivot ¼ right (weight on R)

3&4 Cross step L over R, step side R, cross step L over R

5,6,7 Step side R, swivel left, swivel right

8& Step back L, step R next to L (final step of coaster is count 1 of dance, step fwd L)

Hands:

On 1 release his right - her left picking up his left - her right On 5 pick up his right - her left then release both hands on 7

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