

Gimme Hope

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Chris Ng (MY) & Mayee Lee (MY) - May 2018
音乐: Gimme Hope Jo'Anna (DJ DuKe NuKeM Remix) - Lou Bega



Intro: Start after 48 counts or start at 29 seconds

Intro Dance (32 counts)

1 – 8 Step On R & point R hand up to diagonal R(1-2), bounce on spot 6 times(3-8)
9 – 16 Step on L & point L hand up to diagonal L(1-2), bounce on spot 6 times(3-8)
17 – 24 Step On R & point R hand to R(1-2), bounce on spot 6 times(3-8)
25 – 32 Step on L & point L hand to L(1-2), bounce on spot 6 times(3-8) 12:00

Main Dance (32 counts)

Section 1 : OUT, OUT, IN, IN, R DIAGONAL SHUFFLE, L DIAGONAL SHUFFLE

1 – 4 Step R diagonal R fwd, step L diagonal L fwd, step in R back center, Step in L back center
12:00
5&6 Step R diagonal R fwd, step L close beside R, step R diagonal R fwd 1:30
7&8 Step L diagonal L fwd, step R close beside L, step L diagonal L fwd 11:30

Section 2 : R FWD, L RECOVER, ¼ R SIDE SHUFFLE, CROSS L, ½ TURN L, SIDE SHUFFLE

1 2 3&4 Step R fwd, recover L, ¼ turn R side, close L beside R, step R to R side 3:00
5 6 7&8 Cross L over R, step R ¼ turn L back, step L ¼ turn L side, step R close beside L, Step L to L
side 9:00

Section 3 : R FORWARD, L TOUCH, L BACK, R TOUCH, WALK FORWARD RLR, TOUCH L

1 – 4 Step R forward, touch L behind R, step L back, touch R in front of L
5 – 8 Step forward RLR, touch L beside R (Raise both hands from side up to head) 9:00

Section 4 : L DIAGONAL BACK, TOUCH R, R DIAGONAL BACK, TOUCH L, ELVIS TWIST RLR, CLOSE TOUCH R

1 – 4 Step L back to diagonally L, touch R beside L, step R back to diagonally R, touch L beside R
5 – 8 Step on L twist R knee in, step on R twist L knee in, step on L twist R knee in, Touch R
beside L - 9:00

Tag (64 counts) : At end of wall 7 (12.00)(Please take note that at end of wall 7, you will facing 3.00, do ¼ turn L to 12.00 when you do the last counts "Close touch R")

Section 1 : R SIDE, L BEHIND, R SIDE, FLICK L, STEP L, FLICK R, STEP R, FLICK L

1 – 4 Step R to R, step L behind R, step R to R, flick L 12:00
5 – 8 Step L down, flick R, step R down, flick L,

Section 2 : MIRROR STEPS FOR SECTION 1

Section 3 : CHUG 1/8 To L (x4), R OUT, L OUT, HOLD, SHIMMY

1 – 4 Chug 1/8 to L(10.30), chug 1/8 to L(9.00), chug 1/8 to L(7.30), chug 1/8 to L(6.00) 6:00
&5 6 7 8 Step R out, Step L out, hold, shimmy on spot x2 (End weights on R)

Section 4 : REPEAT SECTION 3 12:00

Section 5 :(HIP R SIDE, HIP L SIDE,) x 3, HIP ROLL

1 – 6 (Step R to R side with hip, step L to L side with hip) x 3,
7 8 clockwise hip roll (end weights on L) 12:00

Section 6 : REPEAT SECTION 5

Section 7 : R FWD – BODY ANGLE L & BODY ROLL x 3, BUMP AND BUMP

1 – 6 (Step R fwd - body angle to L and body roll, recover L back) x 3
7&8 Step R and bump to R, bump to L, bump to R (end weights on R) 12:00

Section 8 : L FWD – BODY ANGLE R & BODY ROLL x 2, STOMP L (SWING BOTH ARMS UP)

1 – 4 (Step L fwd – body angle to R and body roll, recover R back) x 2
5 – 8 Stomp L to L side & swing both arms and palm facing up till above head 12:00

***Ending : 9th wall on section 4**

L DIAGONAL BACK, TOUCH R, R DIAGONAL BACK, TOUCH L, ELVIS TWIST RLR, STOMP, STOMP

1 – 4 Step L back to diagonally L, touch R beside L, step R back to diagonally R, touch L beside R
5 – 7 Step on L twist R knee in, step on R twist L knee in, step on L twist R knee in,
8, 1 Stomp R $\frac{1}{4}$ R fwd, stomp L $\frac{1}{4}$ R side

Contact: ng8308@gmail.com or mayeeleeyy@gmail.com
