Rollin'

拍数: 32

级数: Easy Intermediate

编舞者: Anne Herd (AUS) - May 2018

音乐: Rollin' - Kylie Minogue : (CD: Golden - Deluxe Edition - iTunes - 3:32)

Intro: Start 16 beats in weight on L - No Tags/Restarts - Dance moves 1/4 CW

墙数:4

FRONT SIDE, BEHIND, SIDE CROSS, HIP SWAY, SIDE SHUFFLE

- 1-2-3&4 Cross R over L, Step L to side, Cross R behind L, Step L to side, Cross R over L,
- 5-6-7&8 Step L to side as you sway hips L R, Side shuffle L stepping LRL

CROSS ROCK, SIDE SHUFFLE, FRONT, SIDE, SAILOR

- 1-2-3&4 Cross rock R over L, Recovering to L, Side shuffle R stepping RLR
- 5-6-7&8 Cross L over R, Step R to side, Cross L behind R, Step R to side, Step L to side.

ROCK FWD. SHUFFLE BACK, ROCK BACK, SHUFFLE FWD.

- 1-2-3&4 Rock fwd. on R, Recover to L, Shuffle back RLR
- 5-6-7&8 Rock back on L, Recover to R, Shuffle fwd. LRL

ROCK FWD. 1/4 R SIDE SHUFFLE, & SIDE ROCK TOGETHER, & SIDE ROCK TOGETHER

- 1-2-3&4& Rock fwd. on R, Recover to L, Turn 1/4 R, Side shuffle RLR, Step L beside R
- 5-6&7-8& Rock R to side, Recover to L, Step R beside L, Rock L to side, Recover to R, Step L beside R

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NOTE: To add a little more difficulty, Section 3 can be replaced with

- ROCK FWD. 1/2 R SHUFFLE FWD. 1/2 R TURNING SHUFFLE BACK, ROCK BACK
- 1-2-3&4 Rock fwd. on R, Replace weight to L, Turn 1/2 R. Shuffle fwd. R L R
- 5&6-7-8 Turn 1/2 R, Shuffle back L R L, Rock back on R, Replace weight to L

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