Goosebumps



拍数: 32 墙数: 4 级数: Improver 编舞者: Ivonne Verhagen (NL) & Ria Vos (NL) - May 2018

音乐: Goosebumps - Meghan Trainor: (iTunes)



Dance starts after 16 counts (ON VOCALS)

S1: SAILOR STEP. SAILOR 1/4 TURN L. ROCKING CHAIR &STEP 1/4 TURN L. CROSS

1&2 RF cross behind LF, LF step side, RF step side

3&4 1/4 turn left & LF cross behind RF, RF step side, LF step forward

RF rock forward, LF recover, RF rock back, LF recover 5&6&

RF step forward, 1/4 turn left, RF cross over 7&8

S2: SIDE & POINT SIDE, KICK BALL POINT SIDE, KICK & KICK & STEP BACK, DRAG

1&2 LF step side, RF step next to LF, LF point side (bend R knee)

3&4 LF kick forward, LF step in place, RF point side

5&6& RF kick forward, RF step in place, LF kick forward, LF step in place

7,8 RF big step back, LF drag to RF (weight on RF) (**) (***)

S3: BALL STEP STEP, SIDE ROCK AND CROSS .1/4 TURN R, PIVOT STEP1/2 TURN, 1/2 TURN & STEP **BACK**

&,1,2	LF step next to RF, RF step forward, LF step forward
3&4	RF rock right to R side, LF recover, RF cross over LF
5&6	LF step to L side, 1/4 turn right, LF step forward

7&8 RF step forward, 1/2 turn left (weight on LF), 1/2 turn left & RF step back

S4: WALK BACK, WALK BACK, COASTER CROSS, SIDE ROCK, CROSS, SIDE ROCK, CROSS, POINT SIDE

1.2 LF step back, RF step back

3&4 LF step back, RF step next to LF, LF cross over RF

RF rock right to R side, LF recover on LF, RF cross over LF 5&6

LF rock left to L side, RF recover on RF, LF cross over RF, RF point to right side &7&8

**Restart with step change in wall 4 (9:00)

Change count 16 into LF step back and Restart from count 1

***Tag in wall 10 after 16 counts (12:00)

STEP, SWEEP 2x, CROSS, UNWIND 3/4 TURN L, WEAVE

1,2	RF step forward, LF sweep to the front
3,4	LF step forward, RF sweep to the front

5,6 RF cross over LF, unwind 3/4 turn left & sweep LF from front to back (3:00)

7&8 LF cross behind RF, RF step side, LF cross over RF

ROCK SIDE, HOLD, ARM MOVEMENT, RECOVER BACK ON LF, HOLD

1,2 RF rock to the right side, hold

3,4 stretch right arm to the side, move your fingers of your left hand over right arm

(from hand to upper arm, 'goosebumps')

LF weight back on LF, hold

End of the dance. Have Fun!

Contact Ivonne: Ivonne.verhagen70@gmail.com

