Ocala Cha Cha

拍数: 32

级数: Ultra Beginner

编舞者: Art Ticknor (USA) - May 2018

音乐: Since You Brought It Up - James Otto

Alt. music: I'm Gonna Miss You by Jesse Winchester

ROCK, RECOVER, TRIPLE: L FWD then R BACK

- 1-2 Rock fwd on L, recover on R
- 3&4 Step L in place, R in place, L in place*
- 5-6 Rock back on R, recover on L
- 7&8 Step R in place, L in place, R in place*

CROSS/ROCK, RECOVER, TRIPLE: L over R then R over L

- 1-2 Cross L over R, recover on R
- 3&4 Step L in place, R in place, L in place*
- 5-6 Cross R over L, recover on L
- 7&8 Step R in place, L in place, R in place*

FWD L, 1/2 PIVOT, TRIPLE; FWD R, 1/4 PIVOT, TRIPLE

- 1-2 Step fwd on L, step fwd on R pivoting 1/2 right
- 3&4 Step L in place, R in place, L in place*
- 5-6 Step fwd on R, step fwd on L pivoting 1/4 left
- 7&8 Step R in place, L in place, R in place*

BOX STEPS: L then R

- 1-2 Step fwd L, step right on R
- 3&4 Step L in place, R in place, L in place
- 5-6 Step back on R, step left on L
- 7&8 Step R in place, L in place, R in place

REPEAT

* As the dance becomes more familiar, substitute chasses for in-place triples: step L, bring R together, step L; step R, bring L together, step R.

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墙数: 4