

Ya Those Were The Nights

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Val Saari (CAN) - June 2018
音乐: Those Were the Nights - Hunter Brothers : (iTunes)



SIDE POINT SWITCHES (R,R,L,L)

1-2 Point RF to R side, Touch RF beside L
3-4 Point RF to R side, Step RF beside L
5-6 Point LF to L side, Touch LF beside R
7-8 Point LF to L side, Step LF beside R

CROSS-ROCK & CHASSE R, L, PIVOT 1/4 L

1-2 Cross RF over L, Recover LF
3&4 Step RF right, Step LF beside R, Step RF right
5-6 Cross LF over R, Recover RF
7&8 Step LF left, Step RF beside L, Step LF 1/4 Pivot L

RF ROCK FWD, LF RECOVER, RF MAMBO BACK, LF ROCK FWD, RF RECOVER, LF MAMBO BACK

1-2 Rock RF forward, Recover LF
3&4 Rock RF back, Recover LF, Step RF beside left
5-6 Rock LF forward, Recover RF
7&8 Rock LF back, Recover RF, Step LF beside right

STOMP KICK, CHA, CHA, CHA X 2, (R,L)

1-2 Stomp RF, Kick RF forward
3&4 Recover RF, Step LF in place, Step RF in place
5-6 Stomp LF, Kick LF forward
7&8 Recover LF, Step RF in place, Step LF in place

REPEAT - No tags, no restarts

Email: valeriesaari@icloud.com - Phone: 1-905-246-5027