Eager To Swing

拍数: 48

级数: High Beginner

编舞者: Jenifer Wolf (CAN) - June 2018

音乐: Eager Boy - Morells : (Album: The Best Bar Band Ever)

Intro: 16 counts

(A) 2 HEEL SPLITS, VINE, STOMP

- Weight on balls of both feet, split heels out, Bring both heels in together 1-2
- 3-4 Weight on balls of both feet, split heels out, Bring both heels in together
- 5-6 Step right foot to right side, Cross left foot behind right foot
- 7-8 Step right foot to right side, Stomp left foot beside right foot

(B) 2 HEEL SPLITS, VINE, STOMP

- 1-2 Weight on balls of both feet, split heels out, Bring both heels in together
- 3-4 Weight on balls of both feet, split heels out, Bring both heels in together
- 5-6 Step left foot to left side, Cross right foot behind left foot
- 7-8 Step left foot to left side, Stomp right foot beside left foot (weight remains on left foot)

(C) SWIVEL FORWARD 3 TIMES, HOLD, REPEAT

- 1-2 Step forward on ball of right foot, toe pointing out then in, Swivel forward on left foot
- 3-4 Swivel forward on right foot, Hold
- 5-6 Swivel forward on left foot, Swivel forward on right foot
- 7-8 Swivel forward on left foot, Hold (styling: bend knees, wave hands back and forth)

(D) STEP DIAGONAL BACK, TOGETHER, BACK, TOUCH, REPEAT

- Step right foot diagonal back, Step left foot beside right foot 1-2
- 3-4 Step right foot diagonal back, Touch left foot beside right foot
- 5-6 Step left foot diagonal back, Step right foot beside left foot
- 7-8 Step left foot diagonal back, Touch right foot beside left foot

(E) TRIPLE RIGHT, ROCK, REPLACE, TRIPLE LEFT, ROCK, REPLACE

- 1&2 Step right foot to right side, Step left foot beside right foot, Step right foot to right side
- 3-4 Step left foot back slightly behind right foot. Step right foot in place
- 5&6 Step left foot to left side, Step right foot beside left foot, Step left foot to left side
- 7-8 Step right foot back slightly behind left foot, Step left foot in place

(F) MONTEREY ¼ TURN RIGHT, MONTEREY ¼ RIGHT

- 1-2 Point right toe to right side, Turn 1/4 right onto right foot
- 3-4 Point left toe to left side, Step left foot beside right foot
- 5-6 Point right toe to right side, Turn 1/4 right onto right foot
- 7-8 Point left toe to left side, Step left foot beside right foot

Easy 4 count Tag: Step right foot out to right side, Step left foot out to left side, Bring right foot in to centre, Bring left foot in beside right foot. Before starting the dance for first time facing the back wall 6'o'clock wall, second time facing the front wall 12' o'clock wall, third time before starting on the front wall.

Sequence: 4, 4, 8, 4, 12, no tag, Last time start on 12:00 o'clock wall, it ends on D count 7, stomp left foot. Easy 8 count tag: Second time before starting the dance on the back wall. Third time before starting the dance on the back wall, + add the 4 count tag on this time to make 12 counts

TAG: 8 count Tag - HEEL DIG, STEP, HOLD, HEEL DIG, STEP, HOLD

- 1-2 Step right heel forward, Step back on left foot (Heel Dig)
- 3-4 Step right foot back beside left foot, Hold
- 5-8 Repeat with left foot starting for 4 counts (option: rock, replace, hold)





墙数:2

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