

Amigos Para Siempre (Friends Forever)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Improver Contra
编舞者: Cati Torrella (ES), Belén Vergara, Judy Clericuzio, Maria Rovira (ES), Pilar Rubin (ES) & Xavi Morano - June 2018
音乐: "Amigos para siempre" - All Western Band



[1-8]: STEP FORWARD, HEEL SWIVELS, COASTER STEP, STEP ½ TURN, STEP ¼ TURN

- 1 Step forward on RF
- &2 Swivel turning both heels to the right and return to center
- 3&4 Step Back on RF, Step LF beside right, Step forward on RF
- 5-6 Step forward on LF, Turn ½ to right
- 7-8 Step forward on LF, Turn ¼ to right (3:00)

[9-16]: BACK STEPS with KNEE POPS, L COASTER STEP, STEP ½ TURN, STEP ¼ TURN

- 1 Step back on LF while doing Knee Pop with right Knee
- 2 Step back on RF while doing Knee Pop with left Knee
- 3&4 Step back on LF, Step RF beside right, Step forward on LF
- 5-6 Step forward on RF, Turn ½ to left
- 7-8 Step forward on RF, Turn ¼ to left (12:00)

[17-24]: TRIPLE STEP FORWARD x 2, STEP ½ TURN LEFT , SIDE ROCK STEP

- 1&2 Triple Step forward on RF-LF-RF
- 3&4 Triple Step forward on LF-RF-LF
- 5-6 Step forward on RF, Turn ½ to left (6:00)
- 7-8 Rock step RF to right side, Recover weight on LF

[25-32]: WEAVE (behind-side-cross), SIDE ROCK STEP, CROSS SHUFFLE, KICK BALL CROSS

- 1&2 Cross RF behind right foot, Step LF to left side, Cross RF over left
- 3-4 Rock step LF to left Side, Recover weight on RF
- 5&6 Cross LF over right, Step RF to right side, Cross LF over right
- 7&8 Kick forwards on RF, Stpe on ball of RF beside left, Cross LF over right

Start again

Tag/Restart

On Wall 10nd (after a wall that's only music without vocals)

Do only first 8 steps with the following variation:

[1-8]: STEP FORWARD, HEEL SWIVELS, COASTER STEP, MAMBO FORWARD, HOLD

- 1 Step forward on RF
- &2 Swivel turning both heels to the right and return to center
- 3&4 Step Back on RF, Step LF beside right, Step forward on RF
- 5-6 Rock step forward on LF, Recover eight on LF
- 7-8 Step RF beside left, Hold

Then, start again from the beginning. Enjoy and share with friendship

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