If My Friends Could See Me Now

级数: Beginner

编舞者: Kitty Russell (USA) - 2018

音乐: If My Friends Could See Me Now - Lena Zavaroni

Right lead

Begin on vocals "...see me now ... "

拍数: 32

Hand movement for first set: Start with arms straight down to sides and fingers in fists; with each side kick, open the hands and spread the fingers.

SIDE KICK, STEP X 4

- 1-2 High kick right to right side, step right
- 3-4 High kick left to left side, step left
- 5-6 High kick right to right side, step right
- 7-8 High kick left to left side, step left

VINE RIGHT, TRIPLE, VINE LEFT, TRIPLE

- Step right to right, step left behind right, triple step right, left, right in place 1-2, 3&4
- 5-6,7&8 Step left to left, step right behind left, triple step left, right, left in place

PIVOT WITH 1/8 LEFT TURN X 4

- 1-2 Step forward on right, pivot 1/8 left and step left
- 3-4 Step forward on right, pivot 1/8 left and step left
- 5-6 Step forward on right, pivot 1/8 left and step left
- 7-8 Step forward on right, pivot 1/8 left and step left

LINDY RIGHT, LINDY LEFT

- 1&2, 3-4 Triple step right, left, right to right, rock left back behind right, recover right
- 5&6, 7-8 Triple step left, right, left to left, rock right back behind left, recover left

Begin again

Last update - 30th Oct. 2018





墙数: 2