

Soul Man

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Marilyn Lowery - June 2018
音乐: Soul Man - Sam & Dave



#32 Ct. Introduction (Start Dance on Lyrics)

2 BASICS RIGHT & LEFT

- 1-2 Step R to R Side, Step L next to R
- 3-4 Step R to R Side, Touch L next to R
- 5-6 Step L to L Side, Step R next to L
- 7-8 Step L to L Side, Touch R next to L

K STEP, TURN ¼ LEFT

- 1-2 Step R Diagonally Forward to R, Touch L next to R
- 3-4 Step L back to Original Position Touch R next to L
- 5-6 Step R Diagonally Back to R, Touch L next to R
- 7-8 Step L 1/4 Turn L, Touch R next to L

STEP, SLIDE, HEEL SPLIT RIGHT & LEFT *(Optional Funky Chicken)

- 1-2 Step R to R Side, Slide L next to R
- 3-4 Split both Heels Open, Close both Heels- end with weight on R
- 5-6 Step L to L Side, Slide R next to L
- 7-8 Split both Heels Open, Close both Heels-end with weight on L

***Optional Funky Chicken: Tuck hands under arms on each side to resemble Chicken Wings Move Arms Fwd & Back with each Heel Split. Do 2 Heel Splits on 3-4 & again on 7-8**

ROCK RECOVER FORWARD AND BACK, TRIPLE IN PLACE X2 (Alternating Footwork)

- 1-2 Rock R Forward, Recover back on L (Angle R Side of body towards front)
- 3-4 Triple in Place R-L-R Facing Front)
- 5-6 Rock L Forward, Recover back on R (Angle L side of body towards front)
- 7-8 Triple in Place L-R-L (Facing Front)

Contact: ladyfish7@frontier.com