Soul Man



编舞者: Marilyn Lowery - June 2018 音乐: Soul Man - Sam & Dave



#32 Ct. Introduction (Start Dance on Lyrics)

2 BASICS RIGHT & LEFT

1-2	Step R to R Side, Step L next to R
3-4	Step R to R Side, Touch L next to R
5-6	Step L to L Side, Step R next to L
7-8	Step L to L Side, Touch R next to L

K STEP, TURN 1/4 LEFT

1-2	Step R Diagonally Forward to R, Touch L next to R
3-4	Step L back to Original Position Touch R next to L
5-6	Step R Diagonally Back to R, Touch L next to R

7-8 Step L 1/4 Turn L, Touch R next to L

STEP, SLIDE, HEEL SPLIT RIGHT & LEFT *(Optional Funky Chicken)

1-2	Step R to R Side.	Slide L next to R
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3-4 Split both Heels Open, Close both Heels- end with weight on R

5-6 Step L to L Side, Slide R next to L

7-8 Split both Heels Open, Close both Heels-end with weight on L

*Optional Funky Chicken: Tuck hands under arms on each side to resemble Chicken Wings Move Arms Fwd & Back with each Heel Split. Do 2 Heel Splits on 3-4 & again on 7-8

ROCK RECOVER FORWARD AND BACK, TRIPLE IN PLACE X2 (Alternating Footwork)

1-2	Rock R Forward, Recover back on L (Angle R Side of body towards front))

3-4 Triple in Place R-L-R Facing Front)

5-6 Rock L Forward, Recover back on R (Angle L side of body towards front)

7-8 Triple in Place L-R-L (Facing Front)

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