Take It Slow (Korean Version)



拍数: 124 墙数: 1 级数: Phrased High Improver

编舞者: Molly Yeoh (MY) & Penny Tan (MY) - June 2018

音乐: Take it Slow - Lime (Korean Version)



Intro: 32 counts - Sequence: A Tag1 B, A-(32) C A-(32) Tag1, B A Tag1, B Tag2 A-(32) C

Part A: (64 counts)

A1: DIAGONAL RIGHT POINT RECOVER TWICE, WALK FORWARD FOUR STEPS

1-2-3-4 R diagonal fwd touch recover, L diagonal fwd touch recover

5-6-7-8 Walk fwd RLR, L step beside R

A2: DIAGONAL RIGHT KICK, STEP DOWN AND LEFT KICK CROSS STEP, HOLD

1-2-3-4 Diagonal R kick step down, L diagonal kick cross step over R@4, 5-6-7-8 R step beside L, L touch beside R @6, hold 7 & 8 (weight on the R)

(Feel free to do hand styling)

A3: LEFT WALK CROSS AND WEAVE TO LEFT (Feel free hand styling)

1-2, 3-4 L step down, hold(1 hold 2), R cross over L, hold (3 hold 4) 5-6-7-8 L step to L, R cross back, L step to L, R touch beside L

A4: RIGHT STEP, (RIGHT PALM FACE DOWN) MOVING FROM LEFT TO RIGHT (SHOULDER POP UP DOWN)

1-2-3-4 R step to R, moving R hand (palm face down), R shoulder pop up down) from L to R(4 count)

5-6-7-8 Move hand from R side to L (same hand and shoulder movements)

*(Here is Part A 32 count)

A5:

(1-2-3-4) Repeat A1 (above)

5-6-7-8 Walk backwards RLR, L step beside R

A6: Repeat A2 (above)

A7: Repeat A3 (above)

A8: Repeat A4 (above)

Part B (28 counts)

B1: RIGHT STEP, LEFT CROSS POINT BEHIND, LEFT STEP, RIGHT CROSS POINT BEHIND (REPEAT)

1-2-3-4 R step to R, L cross point behind (@2), L step to L, R cross point behind @ 4

5-6-7-8 (Repeat B1: 1-2-3-4)

B2: FORWARD OPEN OPEN CLOSE CLOSE (REPEAT)

1-2-3-4 R step fwd diagonal to R, L diagonal to L, R step back, L step beside R

5-6-7-8 (Repeat B2: 1-2-3-4)

B3: RIGHT FORWARD CROSS, LEFT TOUCH, LEFT FORWARD CROSS, RIGHT TOUCH (REPEAT BACKWARDS)

1-2-3-4 R fwd cross, L touch to L, L fwd cross, R touch to R 5-6-7-8 R step back, L touch to L, L step back, R touch to R

B4: CROSS STEP, FULL TURN

1-2, 3-4 R cross over L (hold), Left full turn to 12 o'clock

Part C: (32 counts) on vocal "SORRY...SORRY"

C1: RIGHT TOUCH WITH HIP BUMP AND HAND MOVEMENT, LEFT PADDLE TO FRONT

1-2-3-4 R touch beside L, hip bump up and recover, repeat @3-4 (with both palms brushing

movement)

5-6-7-8 L ¼ turn, R fwd touch, L ¼ turn, R fwd touch, L ¼ turn, R fwd touch and step beside L

C2: LEFT HIP BUMP(WITH HAND MOVEMENT), RIGHT PADDLE TO FRONT

1-2-3-4 L hip bump up and recover, repeat @3-4 (with both palms brushing movement)

5-6-7-8 R ¼ turn, L fwd touch, R ¼ turn, L fwd touch, R ¼ turn, L fwd touch and step beside R

C3: RIGHT AND LEFT FORWARD SHUFFLE, RIGHT AND LEFT SHUFFLE BACKWARDS

1&2, 3&4 R fwd cha cha RLR, L fwd cha cha LRL 5&6, 7&8 R back cha cha, RLR, L back cha cha LRL

C4: RIGHT TOUCH BESIDE LEFT, HIP BUMP (WITH HAND MOVEMENT), JAZZ BOX

1-2-3-4 R touch beside L, hip bump up down@1-2 with and movement, (repeat 3-4)

5-6-7-8 R cross over L, L step back, R step to R, R step fwd

Tag1: (4 count) JAZZ BOX

1-4 R cross over L, L step back, R step to R, R step fwd

Tag2: HOLD 4 COUNT (easy! ^o^)

We have so much fun choreographing this hit song Korean version TAKE IT SLOW! Hope you like it too! TQVM

Our contacts:-

Penny Tan: pennytanml@hotmail.com Molly Yeoh: suanyeoh@hotmail.com