# **Forever Swing**

拍数: 32

级数: Beginner Soul

编舞者: Ira Weisburd (USA) - June 2018

音乐: Forever Swing (feat. Doug E Fresh) - Tucka : (Album: Love Rehab 2)

Introduction: 40 counts @ approximately 25 seconds.

\* One Easy 4 count Tag.

## PART I. (BUMP, FORWARD, FORWARD, RECOVER, TRIPLE STEP BACK, BACK, RECOVER)

- 1-2 Bump R hip to R, Step R forward
- 3-4 Step L forward, Recover back onto R
- 5&6 Step L back, Step-close R beside L, Step L back
- 7-8 Step R back, Recover forward onto L

### PART II. (BUMP, FORWARD, PIVOT R 1/2 TURN; TRIPLE STEP FORWARD, PIVOT L 1/4 TURN)

- 1-2 Bump R hip to R, Step R forward
- 3-4 Step L forward, Pivot 1/2 R Turn onto R (6:00)
- 5&6 Step L forward, Step-close R beside L, Step L forward
- 7-8 Step R forward, Pivot 1/4 L Turn onto L (3:00)

### PART III. (CROSS, BACK, SIDE, CROSS; TRIPLE STEP FORWARD, FORWARD, RECOVER)

- 1-2 Step R across L, Step L back
- 3-4 Step R to R, Step L across R
- 5&6 Step R forward, Step-close L beside R, Step R forward
- 7-8 Step L forward, Recover back onto R

### PART IV. (BACK, RECOVER, SHUFFLE R 1/2 TURN; BACK, RECOVER, FORWARD, FORWARD)

- 1-2 Step L back, Recover forward onto R
- 3&4 Step L forward making 1/4 R Turn (6:00), Step-close R beside L, Step L back making 1/4 R Turn (9:00)
- 5-6 Step R back, Recover forward onto L
- 7-8 Step R forward, Step L forward

#### \*TAG. (PIVOT L 1/2 TURN, PIVOT L 1/2 TURN)

- 1-2 Step R forward, Pivot making 1/2 L Turn onto L to face opposite wall.
- 3-4 Step R forward, Pivot making 1/2 L Turn onto L to face original wall.

### \*OPTIONAL TAG (without turns): Rocking Chair: (FORWARD, RECOVER, BACK, RECOVER)

### **BEGIN DANCE.**

\* NOTE: TAG is done at the end of Wall 3 (3:00), Wall 8 (12:00) & Wall 14 (6:00)

Contact: dancewithira@comcast.net





**墙数:**4