

Our Lovely Rose (Annette's Waltz)

(L/P)

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Advanced Beginner Partner / Line
编舞者: Dick Rogers (USA) & Nancy Rogers (USA) - July 2017
音乐: Mexicali Rose - Don Walser



Alt. Music:-

Rose of My Heart (Foster & Allen) [106 bpm]
Song For The Mira (Anne Murray) [107 bpm]
My Lovely Saskatchewan Rose (Steve Slade) [109 bpm]
Any slow to moderate tempo waltz music.....

Starting Position: Facing in closed hold with good frame and connection. Lead with weight on RF and R knee slightly bent (Follow opposite leg). Lead with L toe touching floor slightly forward with L thigh lightly against R thigh of Follow. In this position, the first step forward will be more easily detected by the Follow.

NOTE: Step descriptions are for Lead only. Follow would be opposite steps, except where noted. Use Lead step description if done alone, or as a partner dance in sweetheart (shadow) position.

WALTZ BALANCE FORWARD, BALANCE BACK

1,2,3 Step LF fwd, step RF beside LF, change weight to LF in place (L,R,L)
4,5,6 Step RF back, step LF beside RF, change weight to RF in place (R,L,R)

WALTZ ¼ TURN L, OUTSIDE UNDERARM TURN, CLOSE

1,2,3 Step LF fwd with toe out to initiate ¼ turn L, swing RF fwd and step to R to complete ¼ turn L, step LF beside RF (L,R,L)

4,5,6 LD: Step RF back, step LF beside RF, change weight to RF (R,L,R)

FW: Step fwd LF, step RF ¼ R, small LF step past RF and turn ¼ R to face same direction as LD

1,2,3 LD: Step LF fwd with toe out to initiate ¼ turn L, swing RF fwd and step to R to complete ¼ turn L, step LF beside RF (L,R,L)

FW: Step RF fwd (in same direction as Lead) with toe out to initiate ¼ turn R, swing LF fwd and step to L to complete ¼ turn R, step RF beside RF (R,L,R)

NOTE: Should be facing partner apart with LH/RH hold at shoulder level.

4,5,6 LD: Step RF back leading Follow to close, swing LF back and step to L, step RF beside LF (R,L,R)

FW: Step LF fwd and close with Lead, swing RF fwd and step to R, step LF beside RF (L,R,L)

TRAVELING OPENING TWINKLES (X4)

1,2,3 Step LF forward, swing RF diagonal fwd R and rising step on ball of RF and pivot 1/8th L, step on ball of LF next to RF and open up to L in promenade position (waist hold)

4,5,6 Step RF forward, pivot ¼ R on ball of RF and step on ball of LF beside RF, change weight to ball of RF and open up to R in promenade position (waist hold)

1,2,3 Step LF forward, pivot ¼ L on ball of LF and step on ball of RF beside LF, change weight to ball of LF and open up to L in promenade position (waist hold)

4,5,6 Step RF forward, pivot 1/8th R (to face LOD) on ball of RF and step on ball of LF beside RF, change weight to RF and settle to reestablish closed hold

½ BOX LEFT TURNING

1,2,3 Step LF fwd with toe out to initiate ¼ turn L, swing RF fwd and step to R to complete ¼ L, step LF beside RF (L,R,L)

4,5,6 Step RF back with toe in and initiate ¼ turn L, swing LF back and step to L to complete ¼ L, step RF beside LF (R,L,R)

CHANGE OVER

1,2,3 Step LF forward, swing RF fwd and then step R, step LF beside RF

½ BOX RIGHT TURNING

1,2,3 Step RF fwd with toe out to initiate ¼ turn R, swing LF fwd and step to L to complete ¼ R, step RF beside LF (R,L,R)

4,5,6 Step LF back with toe in and initiate ¼ turn R, swing RF back and step to R to complete ¼ R, step LF beside RF (L,R,L)

CHANGE OVER

1,2,3 Step RF forward, swing LF fwd and then step L, step RF beside LF

START OVER

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Contact: wildwoodlabs@gmail.com

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