

# Panic! At The Disco

**COPPER** KNOB  
STEPSHEETS

拍数: 48      墙数: 2      级数: Phrased High Intermediate  
编舞者: Hiroko Carlsson (AUS) - June 2018  
音乐: High Hopes - Panic! At the Disco : (iTunes)



(16 count intro)

Sequence: A-A-B-A-A-B-B-A-A

## Part A: 32 counts

### [AS1] Kick Ball, 2x Step-Pivot 1/2R, Fwd, Fwd, Heel-&-Point-&-Heel-&-Back w/Hitch

- 1&      Kick R forward, Step R next to L
- 2&3&      Step L forward, Make a ½ turn right recover weight on R, Step L forward, Make a ½ turn right recover weight on R
- 4&      Step L forward, Step R forward
- 5&6&      L heel forward, Step L together, Point R to right side, Step R together
- 7&8      L heel forward, Step L together, Step R back and hitch L (12:00)

### [AS2] Step-Pivot 1/2R, Shuffle Fwd, Out-Out, 2x Heel Fan-Rock Behind

- 1&      Step L forward, Make a ½ turn right recover weight on R
- 2&3      Shuffle L-R-L
- 4      Step R to right side (out), Step L to left side (out)
- 5&      Keeping the weight on toes and both heels fan out, Twist both heels back to the centre
- 6&      Rock/step L behind R, Recover weight on R
- 7&      Step L to side keeping the weight on toes and both heels fan out, Twist both heels back to the centre
- 8&      Rock/step R behind L, Recover weight on L (6:00)

### [AS3] 1/4L Side w/Hitch, L Chasse, 1/4L Side w/Hitch, Side, 2x Heel Grind-Side Rock, Heel Grind-Side

- 1&      Make a ¼ turn left stepping R to side, Hitch L (weight on R)
- 2&3      Step L to left side, Step R close to L, Step L to left side
- 4&      Make a ¼ turn left stepping R to side, Hitch L (weight on R), Step L to left side
- 5&6      R heel grind, Rock/step L next to R, Recover weight on R
- 7&      L heel grind, Rock/step R next to L, Recover weight on L
- 8&      R heel grind, Step L to side (12:00)

### [AS4] Rock Back, Step-Pencil Turn 1/2R, Rocking Chair, Out-Out (Heel-Toe Drop), Coaster Step

- 1&      Rock/step R back, Recover weight on L
- 2&      Step R forward, On ball of right foot make a ½ turn right
- 3&4&      Rock/step L forward, Recover weight on R, Rock/step L back, Recover weight on R
- 5&6&      L heel diagonally forward (out), Drop L toe, R heel to side (out), Drop R toe
- 7&8      Step L back, Step R next to L, Step L forward (6:00)

## Part B: 16 counts

### [BS1] 1/8R Fwd w/ Sweep, Fwd Rock, Back w/ Sweep, Rock Back-1/8L Recover, Step-Pivot 1/2L, 7/8R Triple Turn

- 1 2&      Make a 1/8 turn right stepping forward on R and sweep L around R, Rock/step L forward, Recover weight on R (1:30)
- 3 4&      Step L back and sweep R around L, Rock/step R back, Make a 1/8 turn left recover weight on L (12:00)
- 5 6      Step R forward, Make a ½ turn left recover weight on L
- 7&8      Step R forward, Make a ½ turn right stepping back on L, Make a 3/8 turn right stepping forward on R (4:30)

**[BS2] Fwd w/ Sweep, Fwd Rock, Back w/ Sweep, Rock Back-1/8R Recover, Step-Pivot 1/2R, Full Triple Turn R**

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|------|--|
| 1 2& | Step L forward and sweep R around L, Rock/step R forward, Recover weight on L (4:30)                     |
| 3 4& | Step R back and sweep L around R, Rock/step L back, Make a 1/8 turn right recover weight on R (6:00)     |
| 5 6  | Step L forward, Make a ½ turn right recover weight on R  |
| 7&8  | Make a ½ turn right stepping back on L, Make a ½ turn right stepping forward on R, Step L forward (6:00) |

**Please feel free to contact me if you need any further information. ([hirokoclinedancing@gmail.com](mailto:hirokoclinedancing@gmail.com))  
(updated: 24/June/18)**

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