

My My My My Sharona

COPPER KNOB
STEPPERS

拍数: 48 墙数: 4 级数: Low Intermediate
编舞者: Val Saari (CAN) - June 2018
音乐: My Sharona - The Knack : (iTunes)



RF TOE-STRUT MODIFIED JAZZ BOX, RF MAMBO BACK/TOE-STRUT

- 1-2 Cross RF over L, Touch RF toe - drop R heel
- 3-4 Step LF left on toes, LF heel down
- 5-6 Rock RF back, Recover LF
- 7-8 Step RF together on toes, RF heel down

LF TOE-STRUT MODIFIED JAZZ BOX PIVOT 1/4 L, LF MAMBO BACK/TOE-STRUT

- 1-2 Cross LF over R, Touch LF toe - drop L heel
- 3-4 Step RF right on toes, RF heel down
- 5-6 Rock LF back pivot 1/4 L, Recover RF
- 7-8 Step LF together on toes, LF heel down

RF TOE-STRUT PIVOT 1/4 L, HEEL SWITCHES X 2 (RL),

- 1-2 Touch RF toes forward, Step RF heel down
- 3-4 Bounce heels to pivot 1/4 L, hold
- 5-6 Touch R Heel forward on floor, Step RF beside L
- 7-8 Touch L Heel forward on floor, Step LF beside R

RF TOE-STRUT PIVOT 1/4 L, HEEL SWITCHES X 2 (RL),

- 1-2 Touch RF toes forward, Step RF heel down
- 3-4 Bounce heels to pivot 1/4 L, hold
- 5-6 Touch R Heel forward on floor, Step RF beside L
- 7-8 Touch L Heel forward on floor, Step LF beside R

TRAVELLING SWIVELS WITH FINGER SNAPS RIGHT, LEFT

- 1-4 Swivel both heels to right, both toes to right, both heels to right, Snap R fingers
- 5-8 Swivel both heels to left, both toes to left, both heels to left, Snap L fingers

SIDE TOGETHER TO THE RIGHT, TOUCH, SIDE TOGETHER TO THE LEFT, TOUCH

- 1-4 Step RF right, Step LF together, Step RF right, Touch LF beside R
- 5-8 Step LF left, Step RF together, Step LF left, Touch RF beside L

REPEAT - No Tags, No Restarts

Email: valeriesaari@icloud.com - Phone: 1-905-246-5027