

Tip Pon It

拍数: 64 墙数: 2 级数: High Intermediate Samba
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音乐: Tip Pon It - Sean Paul & Major Lazer



Created at Telgruc Sur Mer (56) - FRANCE / May 2018

Introduction : 16 counts

[1-8] R DIAGONAL SIDE STEP, TOUCH, L DIAGONAL SIDE STEP, TOUCH, DIAGONAL SIDE SHUFFLE, 1/8 TURN R ROCK FORWARD, SWEEP, COASTER STEP

- 1& Step RF to R side on R diagonal, Touch L toe next to RF (face to 10:30)
- 2& Step LF to L side on L diagonal, Touch R toe next to LF (face to 1:30)
- 3&4 Step RF to R side, Close LF to RF, Step RF to R side (face to 10:30)
- 5.6 1/8 turn R as you rock LF forward, Recover on RF as you sweep LF front to back (face to 12:00)
- 7&8 Step LF back, Close RF to LF, Step LF forward

[9-16] KICK BALL TOUCH, HITCH BALL CROSS, 3/4 VOLTA, BALL STEP

- 1&2 Kick RF forward, Close LF to RF, Touch L toe to L side bending R knee
- 3&4 Hitch L knee forward, Close LF to RF, Cross RF over LF
- 5& 1/4 turn L crossing LF over RF, Close RF to LF
- 6& 1/4 turn L crossing LF over RF, Close RF to LF
- 7& 1/4 turn L crossing LF over RF, Close RF to LF (face to 3:00)
- 8 Step LF forward

[17-24] RIGHT MAMBO FWD, COASTER STEP, WALKING BODY SHAKE

- 1&2 Rock RF forward, Recover on LF back, Step RF back
- 3&4 Step LF back, Close RF to LF, Step LF forward
- 5-8 Walk R-L-R-L apart as you shake body and raise up progressively both hands from the hips to the air

[25-32] R CROSS SAMBA BACK, L CROSS SAMBA BACK, CROSS ROCK, SIDE ROCK, CROSS SIDE 1/4 TURN TOGETHER

- 1.2& Cross RF over LF, Step LF back, Step RF to R side
- 3.4& Cross LF over RF, Step RF back, Step LF to L side
- 5& Cross rock RF over LF, Recover LF back
- 6& Rock RF to R side, Recover on LF to L side
- 7&8 Cross RF over LF, Step LF to L side, 1/4 turn R closing RF to LF (face 6:00)

[33-40] STEP FORWARD, STEP FORWARD WITH A SWEEP, 1/8 DIAMOND, & HITCH, WEAVE, JUMP FORWARD X2

- 1.2 Step LF forward, Step RF forward as you sweep LF from back to front
- 3&4 Cross LF over RF, Step RF to R side, 1/8 turn L stepping LF back (face to 4:30)
- & Hitch R knee forward
- 5.6.7 Cross RF behind LF, Step LF to L side, Cross RF over LF
- &8 Jump forward both feet together (face to 1:30)

[41-48] CROSS, BACK STEP, BALL CROSS SHUFFLE, BALL CROSS UNWIND, HOLD, DIAGONAL BALL STEP

- 1.2 Cross RF over LF, Step LF back (face to 3:00)
- & Close RF to LF

3&4 Cross LF over RF, Step RF to R side, Cross LF over RF
& Step RF to R side
5.6.7 Cross LF behind RF, make a full unwind turn over L shoulder, hold on count 7
&8 Close RF to LF, 1/8 turn L stepping LF forward (face to 1:30)

[49-56] WALK R-L, SHUFFLE FORWARD, ROCK FWD, BEHIND SIDE CROSS

1.2 Step RF forward, Step LF forward
3&4 Step RF forward, Close LF to RF, Step RF forward
5.6 Rock LF forward, Recover on RF to the back
7&8 Cross LF behind RF, 1/8 turn R stepping RF to R side, Cross LF over RF (face to 3:00)

[57-64] RIGH TOUCH & LEFT TOUCH & KICK & TOUCH FORWARD, BEND, RECOVER, STEP 3/4 TURN

1 Touch R toe to R side
&2 Close RF to LF, Touch L toe to L side
&3 Close LF to RF, Kick RF forward
&4 Close RF to LF, Touch L toe forward
5.6 Bend both knees (weight on RF to back), Recover on LF forward
7.8 Step RF forward, Pivot 3/4 turn L (weight on LF)

« Taught for the 1st time at TELGRUC s/ MER (56-FR) by Shane McKEEVER on 26th may 2018 »

« Taught at the EURODANCE by Shane, and being voted Advanced Dance Winner »
