One Kiss



拍数: 32 墙数: 4 级数: Beginner

编舞者: Christa Thomas (USA) - June 2018 音乐: One Kiss - Calvin Harris & Dua Lipa



Intro: 48 Counts

[1-9] STEP, TWIST, REC, KICK BALL, STEP, WALK FWD, MAMBO

1,2,3 R step fwd (1), Twist ¼ turn left on balls of feet (2), Twist ¼ turn right on balls of feet with

weight on L [recovering home 12:00] (3)

4&5,6 R kick (4), R step down (&), L step fwd (5), R step fwd (6), L step fwd (7)

8&1 R rock fwd (8), L rec (&), R step back (1)

** Walls 3,7, 11 On lyrics "One kiss is all it takes" you will be facing the back wall. Motion as if blowing a kiss. On count 2 bring left hand to mouth with palm turned in as if kissing fingers.

On count 3 extend left arm as if blowing a kiss

[10-17] WALK BACK, COASTER, SIDE, SAILOR, SIDE, SAILOR

2,3,4&5 L step back (2), R step back (3), L step back (4), R step together (&), L step side (5)

R cross behind L (6), L step side (&), R step side (7)
L cross behind R (8), R step side (&), L step side (1)

[18-25] 1/4 TURN HEEL BOUNCES, 2 KICK BALL CHANGES

2,3,4 Beginning ¼ turn right with weight on both feet lift and come down on heels of feet while

slightly turning right {3 times}(2), (3), taking weight on L on 3rd bounce(4)

5&6,7&8 R kick (5), R ball step (&), L step in place (6), R kick (7), R ball step (&), L step in place (8)

[26-32] STEP, HEEL BOUNCES, KICK BALL CHANGE, COASTER STEP

1,2,3,4 R step fwd (1), Beginning ½ turn left with weight on both feet lift and come down on heels of

feet while slightly turning left {3 times}(2), (3), taking weight on R on 3rd bounce(4)

5&6 L kick (5), L ball step (&), R step in place (6)

7&8 L step back (7), R step together (&) L step fwd (8)

Repeat and enjoy!

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