

# My Wave

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Kate Sala (UK) - July 2018  
音乐: My Wave (feat. Shy Carter) - Keith Urban : (Album: Graffiti U)



Intro: 32 counts.

## Forward Heel Grind on R, Forward Heel Grind on L, Rocking Chair.

- 1 2      Step forward on R heel with toes turned in. Grind the heel turning toes from left to right.
- 3 4      Step forward on L heel with toes turned in. Grind the heel turning toes from right to left.
- 5 6      Rock forward on R. Rock back on to L.
- 7 8      Rock back on R. Rock forward on to L.

## Step, Kick. Back, Touch, Side Step, Kick, Side Step, Hook Behind.

- 1 2      Step forward on R. Kick left foot forward (Clap).
- 3 4      Step back on L. Touch R next to L.
- 5 6      Step R to right side. Kick L across R.
- 7 8      Step L to left side. Hook R foot up behind L .

## Grapevine Right, Touch, Grapevine Left With 1/4 Turn Left, Scuff.

- 1 2      Step R to right side. Cross step L behind R.
- 3 4      Step R to right side. Touch L next to R.
- 5 6      Step L to left side. Cross step R behind L.
- 7 8      Turn 1/4 left stepping forward on L. Scuff R forward.

## Diagonal Step Right, Swivel R Heel Out, In, Step Together, Tap Left Out, In, Heel Swivel Right.

- 1 2      Step R forward to right diagonal. Swivel R heel out to right.
- 3 4      Swivel R heel left. Step R next to L.
- 5 6      Touch L toe out to left side. Step L next to R.
- 7 8      On balls of feet swivel both heels right. Recover heels back to centre.

Start Again. Enjoy!

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