AB Shama Lama Ding Dong

级数: Absolute Beginner

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音乐: Shama Lama Ding Dong - Scooter Lee

Section 1: Step, Together X3, Step, Touch

拍数: 32

- 1-4 Step R to side, Step L next to R, Step R to side, Step L next to R,
- 5-8 Step R to side, Step L next to R, Step R to side, Touch L next to R.

Section 2: Step, Together X3, Step, Touch

- 1-4 Step L to side, Step R next to L, Step L to side, Step R next to L,
- 5-8 Step L to side, Step R next to L, Step L to side, Touch R next to L.

Section 3: Kick, Step (or heel tap, step) X4

- 1-4 Kick R forward, Step R, Kick L forward, Step L,
- 5-8 Kick R forward, Step R, Kick L forward, Step L.

Section 4: Twist X8

- 1-4 Twist forward 4 counts
- 5-8 Twist Back 4 counts.

Begin Again! Enjoy!

Last Update - 13th July 2018





墙数: 1