Rock You



编舞者: Nicole Miller (LUX) - July 2018

音乐: Don't You Know (feat. Jamie N Commons) - Kungs



#1 wall, ultra beginner or: 2 walls, beginner

Start dancing on lyrics

ROCKING CHAIR 2x

Step right forward, recover left, step right back, recover leftStep right forward, recover left, step right back, recover left

SIDE, TOGETHER, SIDE TOUCH (R+L)

9-12 Step right to right, step left together, step right to right, touch left together 13-16 Step left to left, step right together, step left to left, touch right together

WALKS, KICK, WALKS, TOUCH

Step right forward, step left forward, step right forward, kick left foot
Step left back, step right back, step left back, touch right together

STEP, TOUCH 4X (WITH CLAPS)

25-28 Step right forward, touch left together and clap, step left forward, touch right together and

clap

29-32 Step right back, touch left together and clap, step left back, touch right together and clap

REPEAT

RESTARTS:-

In wall 6: restart after count 8 In wall 8: restart after count 16

For advanced beginners:

Change 9-16 into grapevines (or rolling vines) R+L

Change steps 25-32 like this:

Turn ¼ left (weight on right), touch left together, step left to left, touch right together
Turn ¼ left (weight on right), touch left together, step left to left, touch right together

(Don't forget to clap your hands on the touches)

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