

IDGAF

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver
编舞者: Dancin' Dean (USA) - July 2018
音乐: IDGAF - Carmen & Camille : (Single)



#32 intro Start on vocals - No Tags No Restarts

Rock Recover 1/2 Shuffle Right, Rock Recover, 1/4 Left Side Shuffle Left

1-2 Rock forward right, recover into left
3&4 turn 1/4 right stepping right to side, step left next to right, turn 1/4 right stepping right forward
5-6 Rock forward left, recover into right
7&8 turn 1/4 left stepping left to left side, step right next to left, step left to left side

Front Side Sailor, Front Side Sailor 1/4 Left

1-2 Cross step right over left, step left to left side
3&4 Step right behind left, step left small step left, step right small step right
5-6 Cross step left over right, step right to right side
7&8 turn 1/4 left stepping left behind right, step right small step to right, step left small step to left

Toe & Toe & Heel & Heel & Jazz Box 1/4 Turn Right

1&2& Touch Right to right side, Step right next to Left, touch left toe to left side, step left next to Right,
3&4& Touch Right heel Forward, Step right next to left, touch left heel forward, step left next to right
5&678 Cross right over left, step left foot back, turn 1/4 right stepping slightly to right side, step left forward

Syncopated Rocks Right and Left, Step Pivot 1/2 Left, 1/2 Turn Left, 1/2 Turn Left

1-2& Rock right forward, recover left, step right next to left,
3-4& Rock forward left, recover right, step left next to right (Easier Option Rocking Chair 1-4)
5-6 Step forward right, pivot 1/2 turn left (weight on left)
7-8 1/2 turn left stepping right back, 1/2 left stepping left foot forward (Easier Option Walk R, L , 7-8)

Contact: dancindean@rocketmail.com