

La Belle Romania

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Low Intermediate
编舞者: Ira Weisburd (USA) - July 2018
音乐: Thierry Coudret - Heleine (FR)



Introduction: 10 counts @ approximately 10 sec.
NO TAGS !! NO RESTARTS !!

PART I. (FORWARD, HOLD, FORWARD, FORWARD; FORWARD, HOLD, FORWARD, RECOVER)

- 1-2 Step R forward, Hold
- 3-4 Step L forward, Step R forward
- 5-6 Step L forward, Hold
- 7-8 Step R forward, Recover back onto L

PART II. (BACK, HOLD, BACK, RECOVER; FORWARD, HOLD, FORWARD, PIVOT L 1/4 TURN)

- 1-2 Step R back, Hold
- 3-4 Step L back, Recover forward onto R
- 5-6 Step L forward, Hold
- 7-8 Step R forward, Pivot L 1/4 Turn (9:00)

PART III. (CROSS, HOLD, SIDE, BEHIND; SIDE, HOLD, CROSS, RECOVER)

- 1-2 Step R across L, Hold
- 3-4 Step L to L, Step R behind L
- 5-6 Step L to L, Hold
- 7-8 Step R across L, Recover back onto L

PART IV. (1/4 R TURN, HOLD, FORWARD, PIVOT 1/2 R TURN; FORWARD, HOLD, PIVOT 1/4 L TURN)

- 1-2 Step R to R making 1/4 Turn R (12:00), Hold
- 3-4 Step L forward, Pivot 1/2 R Turn (6:00)
- 5-6 Step L forward, Hold
- 7-8 Step R forward, Pivot 1/4 L Turn (3:00)

PART V. (CROSS, HOLD, BACK, SIDE; CROSS, HOLD, BACK, SIDE)

- 1-2 Step R across L, Hold
- 3-4 Step L back, Step R to R
- 5-6 Step L across R, Hold
- 7-8 Step R back, Step L to L

PART VI. (FORWARD, HOLD, LOCK, STEP; FORWARD, HOLD, LOCK, STEP)

- 1-2 Step R forward, Hold
- 3-4 Step L behind R, Step R forward
- 5-6 Step L forward, Hold
- 7-8 Step R behind L, Step L forward

PART VII. (FORWARD, HOLD, BACK, 1/2 R TURN; SIDE, HOLD, BACK, RECOVER)

- 1-2 Step R forward, Hold
- 3-4 Step L back, Step R forward making 1/2 R Turn (9:00)
- 5-6 Step L to L, Hold
- 7-8 Step R back, Recover forward onto L

PART VIII. (SIDE, HOLD, BACK, RECOVER; 1/2 R TURN, HOLD, BACK, RECOVER)

- 1-2 Step R to R, Hold
- 3-4 Step L back, Recover forward onto R

5-6 Step L back making 1/2 R Turn (3:00), Hold
7-8 Step R back, Recover forward onto L

REPEAT DANCE.

For Shorter Dance Edit: dancewithira@comcast.net
