

Second Time Around

拍数: 64 墙数: 2 级数: Intermediate
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音乐: The Second Time Around - Jack Mosbacher



Intro: 3 Count intro from start of track

Sequence: 64, 28, Tag, 64, 28, Tag, 64, 32, 28, Tag, Tag

S1: Walk, Walk, Hold, Ball, Step, Step, Point, Step, Point

1-2 Step RF forward, Step LF forward
3&4 Hold, Step on ball of RF, Step forward on LF
5-6 Step forward on RF, Point LF to L side
7-8 Step forward on LF, Point RF to R side

S2: Close, Rock with hip roll, Behind, Side, Cross, Drag to R, Ball, Cross, ¼ turn L

&1-2 Close RF next to LF, Rock LF to L side, Recover onto RF (rolling hips Anti-clockwise)
3&4 Cross LF behind RF, Step RF to R side, Cross LF in front on RF
5-6& Take a big step to R with RF, Drag LF toward RF, Step LF next to RF
7-8 Cross RF over LF, Make a ¼ turn L and step forward on LF

S3: ¼ turn L with Hips rolls (R, L), Twists down and up

1-2 Make a ¼ turn L and step RF to R side whilst rolling hips Anti-clockwise, Bump hips to L
3-4 Roll hips Clockwise, Bump hips to R
5-6 Step RF next to L as you lower down slightly, Step LF next to R as you lower down
7-8 Step RF next to L as you start to straighten back up, Step LF next to R as you stand upright
(As you go down move knees to the L,R,L,R, or as we say wiggle down and wiggle up)

S4: Out, Out, In, In, Walk, Walk, Step, ½ turn, L Coaster

&1&2 Step out with RF, Step out with LF (onto toes), Step In, with RF, Step In with LF (flat of feet)
3-4 Step forward on RF, Step forward on LF
5-6 Step forward on RF, Make a ½ turn L keeping weight back on RF
7&8 Step back on LF, Close RF next to LF, Step forward on LF

S5: Walk to L diagonal x2, Shuffle forward, ½ pencil turn L, Shuffle forward

1-2 Make a 1/8 turn L to face L diagonal and Step forward on RF, Step forward on LF (facing 10:30)
3&4 Step forward on RF, Close LF next to RF, Step forward on RF (facing 10:30)
5-6 Step forward on LF, Make a ½ turn L bringing RF toward LF (weight on LF) (facing 4:30)
7&8 Step forward on RF, Close LF next to RF, Step forward on RF (facing 4:30)

S6: Step, Sweep, Cross Samba, Cross, Side, Sailor ¼ turn L

1-2 Step forward on LF, Sweep RF from back to front (facing 4:30)
3&4 Cross RF over LF, Rock LF to L side turning slightly to face 6:00, Recover onto RF
5-6 Cross LF over RF, Step RF to R side
7&8 Cross LF behind RF, Step RF next to LF, Make a ¼ turn L and Step forward on LF

S7: Prissy Walks, R, L, Step ½ turn L, Full Turn L

1-2 Step forward on RF, Hold
3-4 Step forward on LF, Hold
5-6 Step forward on RF, Make a ½ turn pivot L
7-8 Make a ½ turn L and step back on RF, Make a ½ turn L and step forward on LF

S8: Rock Forward, Recover, Back shuffle, Back rock, Recover, Step, Sweep ¼ turn L

1-2 Rock forward on RF, Recover onto LF
3&4 Step back on RF, Close LF next to RF, Step back on RF
5-6 Rock back on LF, Recover onto RF
7-8 Step forward on LF, Make a ¼ turn L weeping RF from back to front.

Tag:

TS1: Step, Sweep, Cross, Side, Behind, Heel bounces with ½ turn L, Diagonal touches

1-2 Step RF forward sweep LF from back to front over 2 counts
3&4 Cross LF over R, Step RF to R side, Step LF behind R
5-6 ½ turn L bouncing both heels x2 finishing with weight on LF
&7&8 Step RF to R diagonal, touch LF next to R, Step LF to L diagonal, touch RF next to L

TS2: Step, Sweep, Cross, Side, Behind, Heel bounces with ½ turn L, Pivot ½ turn L x2

1-2 Step RF forward sweep LF from back to front over 2 counts
3&4 Cross LF over R, Step RF to R side, Step LF behind R
5-6 ½ turn L bouncing both heels x2 finishing with weight on LF
&7&8 Step RF forward, pivot ½ turn L place weight on LF, step RF forward, pivot ½ turn L place weight on LF

Hope you enjoy the dance.

Live to Love; Dance to Express.
