

Morning Has Broken (破曉時分) (zh)

COPPER KNOB
STEPPERS

拍数: 33 墙数: 4 级数: Intermediate waltz
编舞者: Amy Yang (TW) - 2018年07月
音乐: Morning Has Broken - Dana Winner



Alternative version of music : Morning Has Broken by Orla Fallon

Intro : 30 counts.

Restart : During wall 3, after 24 counts (facing 03:00)

Restart/Tag : During wall 9, after 24 counts. Add 3 counts.(facing 03:00)

Sec . 1: BASIC FORWARD WALTZ WITH 1/2 TURN L, BASIC WALTZ BACK

1-2-3 Step LF forward, Make 1/2 turn L stepping back on RF, Step LF back (06:00)
4-5-6 Step RF back, Step LF beside RF, Step RF in place
1-2-3 左足前踏,左轉 1/2右足後踏,左足後踏(06:00)
4-5-6 右足後踏,左足併於右足旁,右足踏

Sec . 2: TWINKLE STEP(L&R)

1-2-3 Cross LF over RF, Step RF to R, Step LF in place
4-5-6 Cross RF over LF, Step LF to L, Step RF in place
1-2-3 左足交叉右足前,右足右踏,左足踏
4-5-6 右足交叉左足前,左足左踏,右足踏

Sec . 3: FORWARD, SWEEP, MAKING 1/4 TURN L, FORWARD, SWEEP, MAKING 1/2 TURN R

1-2-3 Step LF forward, Sweep RF from back out to front and Making 1/4 turn L, Touch RF beside L
(weight remains on RF)(03:00)
4-5-6 Step RF forward, Sweep LF from back out to front and Making 1/2 turn R, Touch LF beside
RF (09:00)
1-2-3 左足前踏,右足前繞左轉 1/4,右足點收於左足旁(重心保持在左足)(03:00)
4-5-6 右足前踏,左足前繞右轉 1/2,左足點收於右足旁(重心保持在右足) (09:00)

Sec . 4: CROSS, RECOVER, SIDE(L&R)

1-2-3 Cross LF over RF, Recover onto RF, Step LF to L
4-5-6 Cross RF over LF, Recover onto LF, Step RF to R
1-2-3 左足交叉右足前,重心回右足,左足左踏
4-5-6 右足交叉左足前,重心回左足,右足右踏

Sec . 5: 1/8 TURN R FORWARD, DRAG, KICK, WALK BACK(R&L), MAKING 1/2 TURN R

1-2-3 1/8 turn R step LF forward, Drag RF towards LF, Low kick RF forward(10:30)
4-5-6 Walk backward R, L, Making 1/2 turn R step RF forward(04:30)
1-2-3 右轉 1/8左足前踏,右足向左足拖,右足低處前踢 (10:30)
4-5-6 後退走步右足、左足,右轉 1/2 右足前踏(04:30)

Sec . 6: CROSS, RECOVER, 1/8 TURN TOUCH

1-2-3 Cross LF over RF, Recover onto RF, 1/8 turn L touch LF to L (03:00)
1-2-3 左足交叉右足前,重心回右足,左轉1/8 左足左側點(03:00)

Start again

Tag : FORWARD, RECOVER, TOUCH(3 counts.)

1-2-3 Step LF forward, Recover onto RF, Touch LF to L
1-2-3 左足前踏,重心回右足,左足左側點

Restart : During wall 3, after 24 counts (facing 03:00)

Restart/Tag : During wall 9, after 24 counts. Add 3 counts.(facing 03:00)

重新開始:第三面牆,跳24拍(面向03: 00)

重新開始/加拍:第九面牆,跳24拍,加3拍(面向03: 00)

Ending : During wall 12, after the first 30 counts, face the front(facing 12:00)

結束:在第十二面牆,跳到30拍,面向前(面向12: 00)

Have Fun & Happy Dancing!

Contact Amy Yang:yang43999@gmail.com
