Vita Nuova ("New Life")



编舞者: Ira Weisburd (USA) - July 2018

音乐: Vita nuova - Meri Rinaldi



Genre: LATIN: Rumba Rhythm Line Dance

Introduction: 32 count instrumental. Start on vocal @ approx. 19 seconds.

Music Suggested by: Meri Rinaldi NO TAGS !! NO RESTARTS !!

PART I. (SIDE, TOGETHER, CROSS, SWEEP; CROSS, SIDE, BEHIND, SIDE)

1-2 Step R to R, Step-close L beside R

3-4 Step R across L, Sweep L (from back to front)

5-6 Step L across R, Step R to R7-8 Step L behind R, Step R to R

PART II. (CROSS, SIDE, BACK, FLICK; CROSS, SIDE, BACK, SIDE)

1-2 Step L across R, Step R to R
3-4 Step L back, Flick R to R
5-6 Step R across L, Step L to L
7-8 Step R behind L, Step L to L

PART III. (CROSS, BACK, 1/4 R TURN, FORWARD; CROSS, BACK, SIDE, CROSS)

1-2 Step R across L, Step L back

3-4 Step R to R making 1/4 R Turn (3:00), Step L forward

5-6 Step R across L, Step L back7-8 Step R to R, Step L across R

PART IV. (TOUCH, BACK, SIDE, CROSS; TOUCH, BACK, SIDE, CROSS)

Touch R toe to R, Step R behind L
Step L to L, Step R across L
Touch L toe to L, Step L behind R
Step R to R, Step L across R

BEGIN DANCE.

Contact: dancewithira@comcast.net